



Watson Caring  
Science Institute

# Caritas Coach Education Program

Based on Dr. Jean Watson's Renown Theory of Human Caring/Caring Science

## From Caring Nurse/Leader To Caring Caritas Coach

Apply Today! Learn & Help Transform Health Care~One Nurse, One System at a Time

---

**Why:** You are a caring nurse who wants to become a stronger leader to help restore the ethic of caring in nursing and transform health care systems to caring healing cultures. Take the next step that will change your life and the systems all around you. Watson Caring Science Institute (WCSI) is the international, nonprofit organization founded by Dr. Jean Watson in 2007 to advance the philosophies, theories, and practices of Human Caring. WCSI's Caritas Coach

Education Program (CCEP) can prepare, inspire, and empower you to be that Nurse-Caritas Coach change agent in your system. Join the growing number of graduated Caritas Coaches who are role models and leaders in restoring the heart of nursing and health care. "We



are the light in institutional darkness," says Dr. Watson. For more on her background, visit [www.nursing.ucdenver.edu/caring](http://www.nursing.ucdenver.edu/caring).

**Who:** The CCEP is for any nurse—clinician, administrator, educator, or leader—who wants to learn more about implementing compassionate Caring Practices that honor relationship and wholeness of each person.

**What:** The CCEP's intentional outcome is to transform nursing and organizational cultures through modeling and living out Caring for self, practitioners, staff, and all people cared for.

**How:** The Caritas Coach Program is a unique, six-month educational program that offers 58 contact hours. Structured as an experiential, aesthetic and intellectual journey, CCEP combines two on-site seminars (each an evening plus two full days) and six months of on-line faculty-mentor-guided study. Participants will learn how to translate Caring Science into authentic practice of Caritas-Ways-of-Being/Doing in caring for self and others. Innovative methodologies, dialogue, 'teachings' and wisdom traditions will be explored to assist the participants in living out Heart-Centered-Caritas Relation-Modeling Practices for self, other, and systems. Individual personal/professional life-goals will be honored through the collective and shared journey of the Caritas Coaching experience.

**When:** The next CCEP begins April 16 (evening), 17 and 18, 2010 at Walnut Creek, California.

**Information:** See [www.watsoncaringscience.org](http://www.watsoncaringscience.org) (under "Caritas Learning Center") for CCEP information, program fees/tuition, and on-line application process. Contact Dr. Lynne Wagner, Director of CCEP, [Lynnewagner@comcast.net](mailto:Lynnewagner@comcast.net) or Jan Anderson, the CCEP Registrar, at [anderj@sbceo.org](mailto:anderj@sbceo.org)