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## Nursing: The Philosophy and Science of Caring, Revised Edition

By Jean Watson

A completely new revision of Jean Watson's pathbreaking book, *Nursing: The Philosophy and Science of Caring*, will be published in spring 2008. This revision advances the science of caring by presenting Watson's latest thinking about the theory of human caring, which she introduced in the first edition. *Nursing* has become one of the most widely-used and respected sources on nursing conceptual and philosophical models and theories. The revised edition will offer a rare primary source from an influential scholar on the latest evolution of the philosophy, science and theory of caring and *Caritas* nursing.

Nurses and caring scholars use the phrases nursing care, therapeutic care, caring relationships, cultural care, self-caring and caring for others, as well as related expressions, to describe their professional services to others. Members of our society have diverse thoughts and expectations about the meanings of those phrases for nurses in their various care-giving roles. Care-giving and care-receiving roles of nurses have different sets of expectations and behaviors. The concept of care/caring is one of the least understood ideas used by professional and nonprofessional people, however, it is one of the most important philosophical-ethical concepts to understand. It is a word with multiple usages and expressions in diverse cultures, yet it is universal and timeless at the basic human level, transcending cultures, religions, belief systems, and geographical boundaries. Caring moves in concentric circles from self, to other, to community, to Earth, all the way out to the universe, affecting all of life and the great cycle of life.

This new edition will reflect these universal connections and the evolution of the theory in several regards, including making new connections between caring and love as the primordial, moral foundation for a philosophy and science of caring practices and ultimately the basis for healing and wholeness. The original, now classic, first edition developed the core **Carative Factors** as the language and structure of professional caring. The second edition moves from **Carative factors to Caritas Processes** and offers guided centering exercises and other energetic and reflective models to assist the student and practitioner in cultivating a new level of Caritas Nursing in their work and world.

### Nursing: The Philosophy and Science of Caring, Revised Edition

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Dr. Jean Watson is Distinguished Professor of Nursing and holds an endowed Chair in Caring Science at the University of Colorado Health Sciences Center. She is founder of the original Center for Human Caring in Colorado and is a Fellow of the American Academy of Nursing. She previously served as Dean of Nursing at the University Health Sciences Center and is a past President of the National League for Nursing.

Dr. Watson has earned undergraduate and graduate degrees in nursing and psychiatric-mental health nursing and holds her PhD in educational psychology and counseling. She is a widely published author and recipient of several awards and honors, including an international Kellogg Fellowship in Australia, a Fulbright Research Award in Sweden and six Honorary Doctoral Degrees, including three International Honorary Doctorates. She has been Distinguished Lecturer and Endowed Lecturer at universities throughout the U.S. and in many foreign countries.

Dr. Jean Watson