



***For Immediate Release***

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**Dr. Jean Watson's International Foundation Celebrates the  
'Caring' New Year \* New Program Updates \* New COO/CNE**

**BOULDER, CO.** (January, 2009) --- The *Watson Caring Science Institute* officially launched on April 10, 2008. Dr. Jean Watson's international non-profit foundation was created to restore the profound nature of caring-healing and unify the current healthcare system by advancing the philosophies, theories, and practices of *The Theory and Science of Human Caring*. In nine, short, work-intensive months, Dr. Watson's International Caritas Consortium (ICC) merged with WCSI, the WCSI Caritas Speaker's Circle and Caritas Coach Educational Program (CCEP) emerged, a strategic relationship with HeartMath, LLC and the Caritas HeartMath program were co-created, Jim D'Alfonso, MSN, RN, CNOR, was appointed WCSI Chief Operations Officer/Chief Nurse Executive, while outstanding individuals and hospital systems stepped up as WCSI Charter Caritas Founders to support Watson and the institute's all important global work.

***"We are the light in institutional darkness, and in this caritas model we get to return to the light of our humanity"***, shares Dr. Watson, while she and her operating board of directors extend their deep gratitude and warm wishes for a caring, healthy, new year to one and all.

WCSI's exciting 2009 year kicked off with the Caritas HeartMath Program at the national historic landmark Chautauqua Park, Boulder, CO. January 8 & 9, followed by Virginia hospital systems' Keynote Presentations with Leadership, Liaison & Consultation Workshops, as well as the National Pilot Program launch, the Visionary Caring Science Award to be presented to Anne Boykin at the International Caritas Consortium Conference \* April 23 & 24, 2009 \* Charleston, S.C. sponsored by Bon Secours ~ St. Francis Hospital, expansion of the WCSI team and office, and the first Conference on Caring and Peace in Hiroshima was scheduled for June 18 & 19, 2011.

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WCSI is dedicated to help the current healthcare system retain and nurture its most precious resource, caring professional nurses, while preparing a new generation of health practitioners. *The practical outcome: optimum caring-healing for the public, reduction of high nurse turnover, and decrease of costs to the system.*

Founded by *Distinguished Professor Dr. Jean Watson*, who holds the Murchinson-Scoville Endowed Chair in Caring Science at the University of Colorado Denver, WCSI translates Watson's renowned 30 year Caritas Model of Caring-Healing into programs and services to transform healthcare one nurse / one educator / one system at a time, [www.watsoncaringscience.org](http://www.watsoncaringscience.org). Author of over 100 publications and more than 13 books on the Science of Human Caring, Dr. Watson's newly revised edition of the 1979 classic: *Nursing. The Philosophy and Science of Caring* was released in May, 2008 with her long awaited meditation CD.

Founder of the original *Center for Human Caring* in Colorado and a *Fellow in the American Academy of Nursing*, Dr. Watson is the recipient of numerous awards and honors, including the *National Fetzer Institute Norman Cousins Award*, an *International Kellogg Fellowship in Australia*, a *Fullbright Research and Lecture Award in Sweden*, and *six Inter/national Honorary Doctorate Degrees*.

**“We are the light in institutional darkness.....Join us today!”** invites Dr. Watson.



To schedule interviews, receive photos, or support WCSI [www.watsoncaringscience.org](http://www.watsoncaringscience.org), please contact Barbara Hope, WCSI Board Director, [barbara@barbarahope1.com](mailto:barbara@barbarahope1.com), 303-604-1662. For information on speaking engagements, leadership/consultation/pilot programs contact Jim D'Alfonso, WCSI COO/CNE, 602-717-5400.

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