

WATSON CARING SCIENCE INSTITUTE



VILLA LA PRINCIPESSA, LUCCA, ITALY



An invitation for nurses and health science professionals who seek a deeper dimension of their work and calling in their caring and healing practices.

Early registration before February 15, 2016 – US \$600 and after will be US \$700. Registration closes April 15, 2016.

Register at watsoncaringscience.org (Global Events)

***For more information contact
josephgiovannoni@yahoo.com***

This exclusive program is open to all students, faculty, and practitioners in the field of nursing, education and health & human services.

We invite folks throughout Europe and from around the world to join us in this magnificent Tuscany venue to engage in intimate, authentic honest explorations of a new evolutionary world view for global humanity - *Caritas-Communitas* and ‘all our relations’.

Human caring and expanded dimensions of unitary caring science thinking – invites us into an emerging world view of sacred Oneness – connecting with Source.

A once- in- a- lifetime occasion to deepen y/our connection and alignment with sacred Self and Source for self-renewal and deep self-caring – guided by heart listening and heart learning related to new forms of scholarship, guiding our work and world in sustaining and deepening caring-healing relationships with self, other, our global community and Mother Earth.

THEORY-PRACTICE-RESEARCH



ARRIVE AT THE VILLA JUNE 15, 2016

DAY ONE: June 16, 2016 (9:00 AM – 1:00 PM)

9:00 AM - 9:30 AM ~ Welcome and Introduction

9:30 AM ~ Opening meditation – Entering the Beauty of Inner Stillness – led by Dr. Jean Watson & Dr. Joseph Giovannoni

CARING SCIENCE-SACRED SCIENCE: Jean Watson PhD, RN, AHN-BC, FAAN.

Lunch on your own or we can reserve space in the garden as a group.

2:00 PM – 5:00 PM ~ Open Space. 5:30 PM- 7:30 PM ~ Welcome reception for participants and guests in the garden to connect.

Dinner on your own.

DAY TWO: June 17, 2016

10:00AM - 1:00 PM ~ Leave the villa for Lucca at 10 am via taxi or personal car. Meet at “Santa Maria della Rosa” Church (built in the 14th Century). 10:30-11:30 – Caritas Meditation and reflection led by Jean. Lunch at a restaurant on Lucca’s walls. (Must sign up for Lunch for head count by April 30th – 30 Euros) **RSVP via e-mail for the lunch at josephgiovannoni@yahoo.com**

2:30 PM - 4:30 PM ~ AFTERNOON EXCURSION into Lucca available with a historian for those interested, followed by shopping.

For those not interested in the afternoon excursion OPEN SPACE at the villa, Lucca’s walls to rest, contemplate, and do reflective journaling.

DAY THREE: June 18, 2016 (9:00 AM – 1:00 PM)

Opening meditation – Entering the Mindfulness of Self-Compassion – led by Dr. Joseph Giovannoni.

Caritas Living: Reaching Global Awareness:Panel

Nursing. Nancy Mathew - Assistant Dean, Strategic Development and Outreach CU College of Nursing, Jane Kass-Wolff Assistant Professor CU College of Nursing, Marlene Goldin MS, WCSI Doctoral Student.

Caring Leadership-Panel

Dr. Sara Horton-Deutsch – Watson Caring Science Endowed Chair, CU College of Nursing; Dr. Joseph Giovannoni Caring Science Scholar Post Doc, Grissel Hernandez, CU Doctoral Student; Dr. Karen Sousa, Professor CU College of Nursing.

Watson Caring Science Institute Doctoral & Post Doctoral Program – Panel:
Dr. Jean Watson; Dr. Marcia Hills – WCSI faculty

1:00 PM – 3:00 PM ~ Lunch on your own or we can reserve space in the garden as a group.

AFTERNOON 3:00 PM–6:00 PM FOR THOSE INTERESTED - *Being and Becoming Creative emergence with Dr. Mary Rockwood-Lane at the villa’s gardens. Reflection, introspection, and painting.*

Dinner on your own.

DAY FOUR: June 19, 2016 (9:00 AM – 12:30 PM)

Opening meditation – CREATIVE EMERGENCE: Uniting in human caring - EUROPEAN NURSES AND HEALTH SCIENCE PROFESSIONALS – PANEL: Cohort 14- Caritas Coach Program -Caring Science projects– Sandra Vacchi and AnnaChiara Giutto.

1:00 PM ~ GROUP LUNCH AT STEFANI – ONE OF THE BEST TUSCAN CUISINE IN LUCCA. No cost to participants. Approximate cost for guests/family members will be 40 euros.

Time for centering and reflection

***You cannot take care of others
unless you attend
to your own well-being***



If you have any questions, please feel free to contact Dr. Giovannoni (808) 226-3754.

**VILLA LA PRINCIPESSA-LUCCA
VIA NUOVA PER PISA 1616/G
55050 MASSA PISANA (LUCCA) TUSCANY
TEL 39 0583 370963
FAX 39 0583 371784**



Hotel Accommodations at the villa: Single room 120 euro, Double room 140 euro, Room for three 160 euro. Includes breakfast. Meals are also available at reduced rates. The villa has a beautiful garden and pool. It was the home of

Napoleon's sister Elisa Bacciochi

For Room Reservation: From US – Call: 011 39 0583 370963

e-mail: info@hotelprincipessalucca.it

Mention WCSI Retreat for these special rates

**Rooms are available for WCSI seminar from
June 15, 2016 and check-out June 20, 2016**

**Airports near Lucca: Pisa International Airport (Code: PSA) 15mi. from Hotel Principessa.
Florence Airport (Code: FLR)-1hr to Villa Principessa.
Best option is Pisa. Some US airlines fly there.
Taxi Cab from Pisa airport approximately \$50.00.**