

23rd International Caritas Consortium

*One World:
Connecting through
Caring Consciousness*

October 26–27, 2017
San Mateo Airport Marriott | Stanford, CA

PRE-CONFERENCE WORKSHOP

Healing with HeArts - Activating the Artist and Healer Within

Wednesday, October 25, 2017

9:00 AM – 2:00 PM

San Mateo Airport Marriott

Pre-Conference Workshop Description

Healing with HeArts is an interactive workshop using facilitated dialogue, spiritual practices, guided imagery, and art to help participants activate the artist and healer within. Harnessing heart science as the source of our creativity, the integration of the philosophical, ethical, and healing constructs of Caring Science with the proven, research-based tools and practices of HeartMath are put into immediate application to express your own creativity using art (visual arts, music, dance and word) as effective tools to address what you need to heal in your life, others, community and the earth —physical, mental, emotional, and spiritual.

Program Learning Outcomes

- ❖ Deepen knowledge and awareness of the philosophy, ethic and practice of Caring Science
- ❖ Apply HeartMath research and tools within a context of Caring Science
- ❖ Apply Healing Arts research, creative tools, and spiritual practices to activate the artist and healer within
- ❖ Create healing environments for self and others utilizing increased personal resilience and energy levels
- ❖ Assess for diminished symptoms of personal and professional stress such as confusion fatigue and sleep disturbance

Target Audience

Nurses and health care professional of clinical and educational systems and/or selected individuals who are advancing the education, professional practice and research of Caring Science/Human Caring Theory through their respective role and activities in USA and internationally.

Faculty

Robert Browning
HeartMath Master Trainer
Health Care Director

Mary Rockwood Lane, R.N., PhD., FAAN
Associate Professor
University of Florida, College of Nursing

REGISTRATION NOW OPEN

Fee Includes: Registration, Breakfast, Online program handouts and CE certificate

<https://stanford.eventready.com/events/2017ICCStanfordHealingWithHeArtsPreConference>

Early-bird Registration

August 14, 2017 - September 14, 2017

General Fee & WCSC Affiliate Fee: \$159

Regular Registration

September 15, 2017 - October 24, 2017

General Fee & WCSC Affiliate Fee: \$189

Accreditation

Stanford Health Care is an approved provider by the California Board of Registered Nursing, Provider Number CEP12165.

Stanford Health Care is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Neither SHC nor ANCC endorse any commercial products.

