

INTERNATIONAL CHARTER IN HUMAN CARING (ICHC) PROPOSED BY JEAN WATSON, PHD, RN, AHN-BC, FAAN
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TO BE PRESENTED AT THE FIRST ASIAN –PACIFIC INTERNATIONAL CARITAS CONSORTIUM AND INTERNATIONAL CARING AND PEACE
CONFERENCE: HIROSHIMA, JAPAN, JUNE 16, 18, 19, 2011 PROLOGUE AND BASIC PREMISES:

At this time in human history the survival of humanity and Mother Earth is threatened. In order to sustain humanity and Mother Earth the following premises are proclaimed:

Every human on earth has a right to be treated with respect and dignity, honoring the unity of mind-body-spirit; ♥ Every person in the world has the right to receive humane and compassionate care; ♥ Every human on earth shares and draws upon Mother Earth and all her resources; ♥ Every human is here on the earth plane for a reason and spirit-filled purpose; ♥ All of humanity is joined in the infinite field of the universe with each other and all living things; ♥ All creation is sacred and connected; ♥ Each person's level of humanity reflects upon the whole, allowing for the collective evolution of human consciousness for all of humankind; ♥ Globally, women, children and nurses in society, carry the predominance of human caring for all of humanity, helping to sustain human caring and humanity for the whole; ♥ The human caring needs of women and children in the world are threatened; ♥ All humans are entitled to freedom to pursue their dreams and follow their heart; ♥ All humans Belong to Infinite Source, Life Spirit, the sacred mystery, which unites ALL, before, during and after the Planet Earth plane experience.

Therefore, ON BEHALF OF THESE BASIC HUMAN CARING VALUES AND PREMISES, which sustain human caring and Mother Earth, WATSON CARING SCIENCE INSTITUTE INTRODUCES THE INTERNATIONAL CHARTER FOR HUMAN CARING AND PEACE PRACTICES.

International Caritas Human Caring and Peace Processes and Practices:

Caritas Process 1: Individual and collective practices of Loving –Kindness, Forgiveness and equanimity with self – other; Caritas Process 2: Individual and collective practices of Being Authentically Present, honoring and respecting the belief systems and inner life world of self and other; Caritas Process 3: Individual and collective own spiritual practices for inner peace for healing our relationships with self, others and Mother Earth; Caritas Process 4: Individual and collective practices of sustaining a caring- trusting relationship with inner self, other and universal life spirit; Caritas Process 5: Individual and collective practices which allow for expression of positive and negative feelings in order to listen authentically to another's story and the universal story of humanity; Caritas Process 6: Individual and collective practices of creativity, manifestations of the human spirit for new solutions toward caring and peace; Caritas Process 7: individual and collective teaching and coaching each other for evolving consciousness for caring and peace within and without; Caritas Process 8: Individual and collective revisioning of environments for living and sustaining humanity and Mother Earth; Caritas Process 9: Individual and collective assisting others with basic needs to sustain dignity; Caritas Process 10: Individual and collective honoring of spiritual, mysterious unknowns of life; allowing for miracles for peace and love to prevail on Mother Earth.

In closing; We are the compassionate caretakers of life's creations, of caring and peace in our world. We can follow the Caritas Path of Peace with our individual and collective roles and actions.

PLEASE JOIN ME AND NURSES AROUND THE WORLD BY SIGNING YOUR NAME, AS
YOU MAKE YOUR PLEDGE FOR HUMAN CARING & PEACE.

Jean Watson 



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