## University of Colorado Denver, College of Nursing Office of Lifelong Learning

#### Human Caring and Healing - International Certificate Program

This unique program is the "next generation" of the pioneering education offered at the University of Colorado Denver, College of Nursing's (UC Denver-CON) Office of Lifelong Learning (previously the Office of Professional Development and Extended Studies) and the original Center for Human Caring. The curriculum for the certificate program will be offered in an intensive and intimate forum (all but one course which has an internet component as well) at scenic, historic Chautauqua Park Retreat Center in Boulder, Colorado. Stay on these beautiful grounds for the duration of the program and study with nationally acclaimed faculty. The Human Caring and Healing - International Certificate Program consists of 6 courses for a total of 8 graduate academic credits. This is the LAST TIME this program will be offered; all courses must be successfully completed during this spring enrollment in order to obtain a certificate.

Courses\*
April 29- May 11, 2010<sup>+</sup>

#### Foundations of Healing Practice - Classroom setting - 1 credit - Dr. Janet Quinn - NURS6120-001

This offering will explore the foundations for health care practice within a caring/healing framework. A fundamental focus of the course is on renewal and inspiration of health care providers as a crucial element in the creation of a true, healing health care system.

## Caring Inquiry: Narrative as Exemplar - <u>Internet and Classroom components</u> required - 2 credits -Instructor to be determined- NURS6121-B01

This course emphasizes narrative as an interpretive method (1) for understanding the subjective human experiences of health, illness, healing, death/dying; and (2) as a basis for caring/healing practice. Discussion includes narrative theory, selected illness narratives, and implications for praxis.

#### Ethics of Caring - Classroom setting - 1 credit - Dr. Francelyn Reeder - NURS6122-001

This course compares three ethical dimensions of caring: communal, rational, and relational ethics. A postmodern equilibrium among the three is proposed as the essence of caring ethics.

#### Health Care as Spiritual Practice - Classroom setting - 1 credit - Dr. Janet Quinn - NURS6124-001

Based on Nightingale's philosophy, this experiential course explores the nurse's work of caring and healing as deep spiritual practice. Spiritual practices from diverse traditions will be explored and experienced with emphasis on integrating learnings into daily professional health care practice.

# Aesthetics and Sacred Traditions of Caring and Healing - Classroom setting - 1 credit - Dr. Jean Watson NURS6833-001 (use NURS7833-001 for PhD students only)

This course will explore Wisdom Traditions of Caring-Healing. Selected ancient worldview intersections will be made between art, science, and diverse world populations, especially indigenous peoples. Aesthetics of sacred rituals, archetypes, symbols and myths of caring-healing practices will be examined.

# Theories & Philosophies of Caring and Healing - Classroom setting - 2 credits - Dr. Jean Watson NURS6843-001 (use NURS7843-001 for PhD students only)

This offering will focus on the diverse philosophies and theories of caring, within the context of Dr. Watson's Theory of Human Caring. The theoretical ideas will be examined for convergence with other contemporary nursing theories, contemporary views of science, the emerging unitary field of integrative health, and relationship-centered caring. The human caring-healing model will be explored as content and context for nursing's emerging paradigm for health sciences education, research, and clinical practice. Special emphasis will be on "theories in action" for transforming clinical care practices through authentic personal-professional practices in the world.

#### \*All classes will be held at Chautauqua Park Retreat Center, in the Meadows Room, from 10 a.m. - 4 p.m.

Course #	Section	Credit Hrs	Title of Course
NURS6120	001	1	Foundations of Healing Practice: April 29-30, 2010
NURS6121	B01	2	Caring Inquiry; Narrative as Exemplar: Blended Course + Internet: April 12 – April 30, 2010; Classroom: May 1-2, 2010
NURS6124	001	1	Health Care as Spiritual Practice: May 3-4, 2010
NURS6843 (7843-PhD Level)	001	2	Theories & Philosophies of Caring and Healing: May 5-7, 2010
NURS6833 (7833-PhD Level)	001	1	Aesthetics and Sacred Traditions of Caring & Healing: May 8-9, 2010
NURS6122	001	1	Ethics of Caring: May 10-11, 2010

#### See current registration form for tuition rate and fees.

If you are interested in registering for this Certificate program in order to continue your professional development:

1) Complete a **Spring 2010 Registration Form** (last page of this brochure)

icente only)

2) Complete a **Non-Degree Application Form** (for first time applicants only)

(Application available on our website at: http://www.nursing.ucdenver.edu/profdev)

Please submit your completed forms at the time of registration by fax, mail, or in person at:

Office of Lifelong Learning (OLL)

UC Denver, College of Nursing, Mail Stop C288-08

Education 2 North, Room 3220 13120 East 19<sup>th</sup> Avenue

Aurora, CO 80045

Monday - Friday: 8 a.m. - 4 p.m.

Fax Number: 303-724-4729

Once you are officially registered, within 30 days of your registration, you will be billed by the Bursar's Office (e-bill sent to your student email account). Sorry, they do not accept credit cards.

Please register carefully. NO <u>Refunds</u> are issued after February 22, 2010. Selected courses have additional cancellation and refund requirements. A full refund is issued when OLL cancels a class.

#### **Additional Information:**

- Classes are filled on a first come, first served basis, so it is best to register early. If you have questions regarding your registration, please contact the Office of Lifelong Learning at 303 724-1372 or send an email to professional.development@ucdenver.edu.
- ✓ Once registered for a course OLL will confirm your enrollment via a PIN Letter. If you do not receive a PIN letter at least one week prior to class starting, it is your responsibility to notify the OLL. If we are not contacted, we will assume you have received all correspondence (whether written or email), and you will be responsible for all course expenses.
- ✓ Within your PIN Letter you will be instructed to obtain a campus email account. Once granted, your campus email address is the only electronic account that will be used as an OFFICIAL MEANS OF UNIVERSITY COMMUNICATION. From that point forward, your personal email accounts will not be used for official University communications.
- ✓ The procedure to drop a course is to complete a Drop/Add form, send it via email or fax to the OLL at: <a href="mailto:professional.development@ucdenver.edu">professional.development@ucdenver.edu</a> no later than 4 p.m., Mountain Standard Time, on the last day of the Drop/Add period. Contact OLL for the electronic form. If this procedure is not followed, you are responsible for all costs involved with the course.
- ✓ If you withdraw from a course (or courses) after the drop/add deadline, the course(s) will appear on an official transcript with a grade of "W".
- ✓ You will not be dropped from enrollment for non-attendance or non-participation; however, non-attendance/non-participation will result in a grade of "F" for the course.
- ✓ MS level courses (6000-6999) for non-degree enrollment require a Bachelor of Science in Nursing degree or permission of the instructor.
- ✓ PhD level courses (7000 and above) for non-degree enrollment require a Master of Science in Nursing degree or permission of the instructor.
- ✓ For additional information regarding descriptions of navigating in online courses, please visit the Blackboard home page at <a href="http://blackboard.cuonline.edu/webapps/portal/frameset.jsp">http://blackboard.cuonline.edu/webapps/portal/frameset.jsp</a>.
- ✓ See <a href="http://www.cudenver.edu/Academics/CUOnline/FacultyResources/blackboard/Documents/pdfs/BBBasics\_for\_Students.pdf">http://www.cudenver.edu/Academics/CUOnline/FacultyResources/blackboard/Documents/pdfs/BBBasics\_for\_Students.pdf</a> for student Blackboard basics; or contact the CU Online Help Desk for assistance. M-F, 7 a.m. 7 p.m., at (303) 315-3700 or email to cuonlinehelp@ucdenver.edu.
- ✓ Access to the library (<a href="http://hslibrary.ucdenver.edu">http://hslibrary.ucdenver.edu</a>) and bookstores\* (<a href="http://www.uchsc.edu/bookstore">http://www.uchsc.edu/bookstore</a>) or (<a href="http://aurariabooks.com">http://aurariabooks.com</a>) are available through the Web. \*Availability of course materials varies.

The following hardware and software requirements and essential computer skills are needed before you access this and other online courses:

#### Hardware and Software Requirements

- ✓ Computer Operating System Windows 98, XP, or NT or MacOS 7.5.1 or newer
- ✓ Microsoft Office Word, PowerPoint, Excel
- ✓ Memory Minimum of 64MB of RAM
- ✓ Disk Space Minimum 1 Gigabyte hard drive
- ✓ Modem 56k modem (requires an internet service provider such as AOL.com, MSN.com, freenet.net, etc.) or high-speed cable modem or DLS line (ISP provider comes automatically with cable modem or DSL line).
- ✓ Web Browser Internet Explorer version 7 or higher or Mozilla Firefox version 2 or higher
- ✓ Virus Protection Software Current or up-to-date packages such as Norton Anti-Virus or McAfee® Virus Scan (the best option is to go online to McAfee.com or Norton.com and purchase an online package because that is more easily updated.
- Spam Protectors and Pop-Up Protectors may interfere with your ability to use course software.



#### Computer Skills

In order to function comfortably in an online course, it is essential that you are able to perform basic computer skills:

- ✓ Locating, opening and closing files
- ✓ Using a mouse
- ✓ Basic word processing skills
- ✓ Send/receive e-mail with file attachments
- ✓ Copying, and pasting text from one document to another
- ✓ Having two or more windows open and toggling or switching between two open applications
- ✓ You are encouraged to "buddy" with someone you work with to improve your skills, you can use the online
- ✓ Tutorials on your own computer, or seek assistance from local library resources or computer courses.

### **Faculty**

**Dr. Janet Quinn** is an Associate Professor (Adjunct) at the University of Colorado Denver, College of Nursing. She is an elected Fellow of the American Academy of Nursing and holds a PhD in Nursing Research from New York University. Her research on Therapeutic Touch has been funded by the U.S. Department of Health and Human Services, and by the Institute of Noetic Sciences. She serves as a peer reviewer for research grants at the National Institutes of Health, National Center for Complementary and Alternative Medicine. Dr. Quinn is also a personal coach and spiritual director in private practice, with an emphasis on increasing inner awareness and helping people to access the power of the present moment in creating personal and professional lives that work. Dr. Quinn, author of *I Am A Woman Finding My Voice*, lectures and consults internationally on Creating Healing Health Care Systems, Integrative Medicine, Therapeutic Touch, Care for the Caregiver, Healing, Caring, Spirituality and Healing, and Nursing as a Spiritual Practice.

**Dr. Francelyn Reeder**, a leading Rogerian Scholar, is an Associate Professor Emeriti at UC Denver-CON and past associate faculty of the Center for Human Caring. She holds BSN degrees in nursing & minor in ethics from Creighton University and the College of St. Mary Omaha, NE; an MS in Maternal Newborn Nursing & Nurse-Midwifery, from University of Utah; and her PhD in Nursing and Philosophy from NYU Division of Nursing, in tandem with the department of phenomenology at the New School for Social Research, New York City. Her academic career has included faculty positions at Mercy Hospital School of Nursing in Denver, the University of Utah's College of Nursing Nurse-Midwifery Program Maternal-Child Project on Navajo Reservation; and Case Western Reserve University in Cleveland, OH. Her research has addressed touch therapies in the bone marrow transplant unit; and more recently, focused on the power of humor seen in the abilities of student nurses to laugh at themselves, and maintain integrity of self in the midst of social strife and life conflicts. Attention to the problem of global warming and human responsibility is addressed in her latest publication in Nursing Science Quarterly: 2007 "What Shall Count as Evidence in the Year 2050?"

**Dr. Jean Watson** is a Distinguished Professor of Nursing and holds an endowed Chair in Caring Science at the University of Colorado Denver, College of Nursing. She is founder of the original Center for Human Caring in Colorado and is a Fellow of the American Academy of Nursing. Dr. Watson has earned undergraduate and graduate degrees in nursing and psychiatric-mental health nursing and holds her Ph.D. in Educational Psychology and Counseling from the University of Colorado, Boulder. Clinical nurses and academic programs throughout the world use her published works on the philosophy and theory of human caring and the art and science of caring in nursing. Dr. Watson's caring philosophy is used to guide new models of caring and healing practices. She is a widely published author and recipient of several awards and honors, including five (5) Honorary Doctoral Degrees. Her latest books range from empirical measurements of caring, to new postmodern philosophies of caring and healing; these latest works seek to bridge paradigms as well as point toward transformative models for the 21<sup>st</sup> century.

#### Housing

Please contact <a href="http://www.chautauqua.com/contact\_us.htm">http://www.chautauqua.com/contact\_us.htm</a> for housing information if you plan to stay in Chautauqua Park. Chautauqua offers year-round accommodations in newly refurbished historic cottages. Cottages range in size from efficiency, one and two bedroom and are ideal for 1-6 people. Phone 303-442-3282. For a map of the grounds use this link: <a href="http://www.chautauqua.com/pdf/2006map.pdf">http://www.chautauqua.com/pdf/2006map.pdf</a>.

Another housing option: Boulder Inn-Phone at 800-233-8469 for reservation Information. You may also visit: <a href="http://www.mapquest.com/maps/map.adp?formtype=address&latlongtype=findit&address=900%20Baseline%20Rd&city=Boulder&state=CO&zipcode=80302&country=US&latitude=ZQeNKuaGxeiJBBq6EIV6mQ%3d%3d&longitude=wnVl7n01zUzoA6FJtwJA5w%3d%3d&cat=hotels to see other hotels in the Boulder area.

Should you need more information on these or other College of Nursing non-degree courses, feel free to contact the OLL by phone (303-724-1372), fax (303-724-4729), or email (professional.development@ucdenver.edu).



## University of Colorado Denver, College of Nursing Office of Lifelong Learning

## SPRING 2010 Registration Form Human Caring and Healing Certificate Program April 29 - May 11, 2010

## TYPE OR PRINT CLEARLY – ALL INFORMATION REQUIRED

Student ID#/Soc. Sec. No.:	N	(Last Name / First Name / Middle Name)				
Address (Number/Street/Ar	nt).	(Last Name /First Name / Middle Name)  Home phone:				
(City, State, Zip)						
(County)						
E-mail Address*:		Sex				
* Address must be legible as confirm	nations will be sent to email	provided - please disengage your spam blocker if necessary to receive of	our emails.			
admission process, and is the app Alaskan	blicant's option to supply.	the United States Government. This information is <u>not</u> used in the Please mark the appropriate category:  American Indian  Non-Historian Typhite Non-Historian Typhican Please areasis.	or			
Asian or Pacific Islander		Non-Hispanic  White, Non-Hispanic Other -Please speci	iy:			
How did you hear about this prog		☐Internet search ☐Colleague Ad ☐Other -Please specify:				
What is the purpose of your regis	stration?					
Do you currently attend or have y	you previously attended a	class at <u>any</u> campus of the University of Colorado system?   Ye	s 🗌 No			
If yes, list program of study:		Dates of attendance: from to				
Has your name changed since last registration at CU?						
		Yes No If yes, what name did you previously use?				
		College City/State				
Was the degree issued to your cu	rrent name? Yes No	o If not, what was your name when the degree was issued?				
1			Semester			
Course # (i.e.:	tion : 101, : 001)	Spring 2010 Course Title	Total Costs			
		A 0				
		Blended Course Fee (only when registering for NURS6121): \$50				
		Academic Support Fee (Required every semester): \$75	\$ 75			
		1 <sup>st</sup> Time Student Fee (New Students to UC system Only): \$140				
		TOTAL BALANCE DUE				
		<b>campus email address</b> . They are not set up to take credit cards.	No refunds			
		d period ends: February 22, 2010.				
misrepresentation. I understand	that if found to be otherw	ormation furnished on this form is true and complete without evastivise it is sufficient cause for rejection or dismissal. I understand the rance and Health Service programs. I agree to all terms stated with	at, as a			
two-page document; including r	efund terms.					
		OLL- Office Use Only  Date rec'd:  Date to Registrar:				
Applicant Signature ( <u>REQUIRED</u> )	Date					
Instructor Approval (If required):	PIN: Ltr. sent: Bursar notified (if app.):					