



*Embodying Unitary Caring Science
in Managing Cancer*

Joseph Giovannoni DNP, APRN

March 19, 2022

9:00 AM HST



12:00 PM PST, 1:00 PM, MST, 2:00 PM CST, 3:00 PM EST

Zoom Link: [Click Here to Join Zoom Meeting](https://us02web.zoom.us/j/87917937109?pwd=a3h5Q0pmRzg1ZGcwZ1dyRjVteGxtUT09)

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Meeting ID: 879 1793 7109

Passcode: 347675

This webinar is a discourse on Unitary Caring Science/Caritas. The diagnosis of cancer was an overwhelming event for Dr. Giovannoni's emotional, physical, and spiritual wellbeing. This presentation will address how Dr. Giovannoni embodied and implemented this theoretical model to sustain him to maintain self-compassion and equanimity during his recovery from throat cancer. Dr. Giovannoni will discuss how Dr. Jean Watson's 10 Caritas Processes™ are relevant in implementing self-care when confronted with personal medical crises. He will share his experience with health science professionals who provided care, and the challenges he encountered in developing a transpersonal relationship with them. Human caring goes beyond delivering skillful evidence-based interventions. Authentic human caring requires being cognizant of "the life space or phenomenological field of another person" (Watson 2012). Caring moments of loving-kindness and compassion enhances the efficacy of treatment and supports recovery.