



General Information

Welcome! Watson Caring Science Institute (WCSI) is grounded in nursing and values relating to [Caring Science Theory](#) and philosophy developed by [Dr. Jean Watson](#), Ph.D., RN, AHN-BC, FAAN, LL (AAN). Watson's theory is manifest or 'lived out' through the [10 Caritas Processes](#)® which are 10 universal truths or canons in which to live and work. Our core values of inclusive, diverse, human/eco caring service to humanity and our planet is what underpins the work we do.

About Watson Caring Science Institute

Watson Caring Science Institute is an international non-profit 501C(3) organization that advances the unitary philosophies, theories and practices of 'Caring Science', developed by **Dr. Jean Watson, Ph.D., RN, AHN-BC, FAAN, LL (AAN)**. Caring Science is a transdisciplinary approach that incorporates the art and science of nursing and includes concepts from the fields of philosophy, ethics, ecology and mind-body-spirit medicine. There are an estimated 400 hospitals throughout the USA in which their professional practice model is based upon Watson's philosophy and theory of Human Caring Science. Every year there are approximately 20 national systems designated as a [WCSI Affiliate](#). The institute has trained hundreds of Caritas Coaches® globally to translate the theory into concrete human-to-human practices that help to re-pattern the culture of healthcare (and other organizations) whereby the practitioners live out the theory in their professional and personal lives, improving patient care, and reducing staff burnout.*

Focusing on research, education, practice, legacy and leadership, **Watson Caring Science Institute** aims to deepen the development and understanding of Caring Science and Caritas Practices, to dramatically transform patient/family experiences of caring and healing in schools, hospitals, the wider community and our planet.

www.watsoncaringscience.org

About our Founder, Jean Watson



Jean Watson is a Distinguished Professor Emerita and Dean Emerita of the University of Colorado Denver, College of Nursing, where she held the Endowed Chair in Caring Science at the University of Colorado Denver and Health Sciences Center. She is the founder of the original Center for Human Caring in Colorado and an American Academy of Nursing Fellow. Watson is also the recipient of numerous awards and honors, including the National Fetzter Institute Norman Cousins Award, an International Kellogg Fellowship in Australia, a Fulbright Research and Lecture Award in Sweden, and six international honorary doctorate degrees. Watson is the author of more than 100 publications in Caring Science and more than 30 books on the Science of Human Caring, including the classic: [*Nursing. The Philosophy and Science of Caring*](#) which identifies the 10 core Caritas Processes, universals of human caring, necessary for studying and implementing a model of Caring Science in practice. This work restores the deep-spiritual dimensions of Love with caring-healing as the foundation for preparing a new level of practitioners in Caring Science/Caritas healthcare.

What We Do

We are a non-profit organization which offers unique professional development, educational and research activities for **nurses and other caregivers** including business managers and holistic health professionals. We are the home of Watson's Caring Science Theory.

Our Mission

- To transform the current institutional healthcare model.
- To advance the theory and philosophy of Caring Science and the 10 Caritas Processes which explicitly brings Love and compassion back into caring and healthcare.
- To prevent nurse burnout by offering an ethical and moral framework in which to base their work and life.
- To give voice to nursing and nurses and advocate for the profession.

We do this by supporting visionary leaders, as well as mobilizing, educating and engaging nurses, institutions and other caregivers within a philosophical framework for human caring in which to base their practice.

Our work has been proven to prevent nurse burnout and secondary traumatic stress, as well as

deepen exceptional patient care and staff retention*.

*References available upon request.

“Being a WCSI Affiliate has helped strengthen our work here at Stanford Healthcare because we’re interfacing with some of the experts across the country and with that we’re able to leverage the learning from one another in a more real way...”

**Dale Beatty, DNP, RN, NEA-BC, Caritas Coach
Chief Nursing Officer, Stanford Healthcare California USA**

Our Current Offers

- **Accreditation** — [affiliation](#) for hospitals, care homes and nursing schools
- **Recognition** (Lotus Awards) for systems using Watson Caring Science as their theoretical methodology
- **Education** — 1 year [Postdocs and Senior Scholars Program](#); 6 month [Caritas Coach Education Program](#)® offered 2 times year; 6 month [Caritas Leadership Program](#)™ offered 4 times a year; 1-3 month online courses; conferences and other speaking engagements
- **Research** — [scholarly publications](#) and [measurement tools](#) for data collection
- **Practice** — [Regional](#) and [International Consortia](#) held annually (currently virtually)
- **Store** — [online shop](#) for self-care products and educational resources including books, films, meditations and webinars
- **Imprint** — [Lotus Library](#) showcasing the voices of nurses and caregivers ‘living out’ the philosophy of the Caring Science value system
- **Communitas** — free and fee-based online [Caritas Healing Connection](#) sessions, [Vimeo library](#) of films and webinars
- **Membership** — [annual membership programs](#)
- **Endorsed Programs** — promoting [organizations and programs](#) that are aligned with the values and mission of WCSI
- **Partnership** — forming [alliances](#) with other organizations that integrate Caring Science Theory and principles

“Caring Science is like PPE for the mind and spirit!”

Joellen Sutterfield, Strategic Alliance & Development, Unitek College

Our Vision

The Watson Caring Science Institute is dedicated to creating, conducting and sponsoring Caring Science research, education, training, practice, and leadership to serve current and future generations of healthcare professionals worldwide. We envision a day when all healthcare and other caring organizations/individuals will successfully adopt Caring Science Theory and principals to guide them through social challenges. WCSI will lead the way in ensuring that mission-driven organizations have access to the most current high-impact research, data, tools and learning offerings, where, how, and when they need it.

Who We Serve

Our primary beneficiaries are practicing nurses, students and faculties of nursing and health sciences, universities and colleges of nursing, hospitals and healthcare systems and their administrators, throughout the US and around the world. WCSI is being asked to broaden its scope to include other social change organizations, businesses, employees, and professions that can benefit from Caring Science Theory for its leadership, workers and the public. We have established working groups from eight Latin American countries to expand our mission throughout Latin Ibero-America.

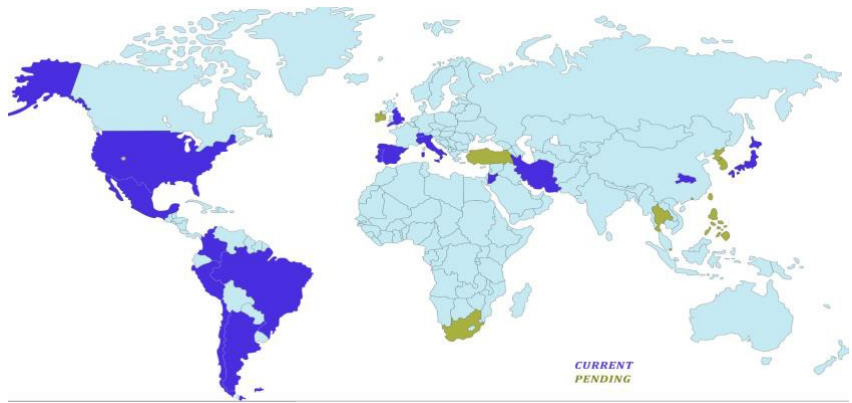
Where We Operate

WCSI is a non-profit 501C(3) and is registered in the State of Colorado. It operates, and/or sponsors, programs nationally and internationally. Fifteen USA hospitals across 13 states are [WCSI National Affiliate](#) Caring Science **Hospital** Systems, and two universities are National **Academic** Caring Science Affiliates.

WCSI has a network of global systems with whom it is developing a variety of learning opportunities and shared research to advance Caring Science scholarly evidence and research. Over the past 8 years, WCSI has sponsored the annual [Nurses in the Middle East Conference](#) held in Aqaba, Jordan bringing together Israeli, Palestinian and other Middle Eastern Nurses to share best practice in a neutral safe space.

- We have a faculty network of 29 experts located [throughout the USA](#)
- We have a faculty network of 13 experts located [globally](#)
- We have 8 working party groups in [Latin America & Portugal](#)

*WCSI Global Affiliate
Associates by Country
as of August 2021*



Our Structure

We are a core team of eight working remotely from CA, CO, FL, ME, NH, & MA

- **Jean Watson** — Founder, Director
- **Julie Watson** — Executive Director & Managing Editor, Lotus Library
- **Jan Anderson** — CCEP Director with [10 faculty](#)
- **Héctor Rosso** — WCSI LIA (Latino - Iberoamérica) Director, CCEP Faculty-in-Training
- **Katie Small** — Finance Director, HR and [The Caring Store](#) operations
- **Jeanne Dietz** — Supporting and assisting Katie Small
- **Dianne Reid** — Development Manager, WCSI Lotus Awards
- **Carol Wadsworth** — Website developer, event registration, marketing, technical support
- **Executive Administrator** — TBD

Supporting Individuals and Groups

- **Board Members** — M. Brooks Turkel (Chair), Barbara B. Brewer, Jim D'Alfonso, Karen Drenkard, Grissel Hernandez, and Chris Byrne
- **Course Faculty** — ([Coming Home](#)) Anna Biley, Héctor Rosso, A Lynne Wagner
- **Caritas Leaders™** — Sara Horton-Deutsch, Chris Griffin and [4 faculty](#)
- **Volunteers** — 2 volunteer administrators and 10 advisors offering in-kind guidance and a support group of 3 volunteers who facilitate our [Caritas Healing Connections](#) monthly.

“There has never been a time when Caring Science has not been more relevant to the social fabric of our global lives. The universe is crying, and it is through Caring Science that we can soothe these tears and jettison this pain. It must become the foundation of what we do as we recover from this [Covid-19] experience.”

Lisa Goldberg, RN, PhD
Caritas Coach, Associate Professor, SON
Dalhousie University Halifax, Nova Scotia Canada

Future Planning

Our goal for 2021 and beyond is to continue developing more online courses, offer recognition and distinction to clients and partners via awards and affiliation, and continue to build our Caritas family:

- **Latin America** — expand our offer to include CCEP for Spanish speakers
- **Lotus Library** — convert and offer more publications in Spanish & Portuguese
- **Increase online presence**
- **Continue to develop and expand:** Caritas Nurse® / Caritas Partner™ / Caritas Leader™

If you would like more information please contact Julie Watson, Executive Director, WCSI
julie@watsoncaringscience.org.

Watson Caring Science Institute | 4450 Arapahoe Avenue, Ste 100 | Boulder, CO 80304 USA
303-546-7970 Voicemail | info@watsoncaringscience.org | www.watsoncaringscience.org
[Facebook](#) | [Instagram](#) | [LinkedIn](#) | [Vimeo](#)