Watson Caring Science Institute

National Caring Science Affiliate Certification Criteria
A Passage to Caring Science...

What is happening today, in this era in human history, demands an expanded, dramatically different, worldview, a quantum shift. New evidentiary models are needed that align traditional data with new caring science indicators of human caring-healing-health.

–Jean Watson PHD, RN, AHN-BC, FAAN, (LL -AAN) Founder, Director Watson Caring Science Institute
10 CARITAS PROCESSES

1. Sustaining humanistic-altruistic values by practice of loving-kindness, compassion and equanimity with self/others.

2. Being authentically present, enabling faith/hope/belief system; honoring subjective inner, life-world of self/others.

3. Being sensitive to self and others by cultivating own spiritual practices; beyond ego-self to transpersonal presence.

4. Developing and sustaining loving, trusting-caring relationships.

5. Allowing for expression of positive and negative feelings – authentically listening to another person’s story.


7. Engaging in transpersonal teaching and learning within context of caring relationship; staying within other’s frame of reference-shift toward coaching model for expanded health/wellness.

8. Creating a healing environment at all levels; subtle environment for energetic authentic caring presence.

9. Reverentially assisting with basic needs as sacred acts, touching mindbodyspirit of other; sustaining human dignity.

10. Opening to spiritual, mystery, unknowns– allowing for miracles.
INVITATION

Watson Caring Science Institute™ (WCSI) has developed certification criteria based on Watson’s Caring Science Theory of Human Caring. Working with Nursing and Health Care Leaders Nationally and Internationally, we’ve developed benchmark standards for systems* to ‘Live-out’ Caring Science in an authentic and meaningful way. Over the past 10 years, WCSI in partnership with Chief Nursing Officer Affiliate leaders, new Caring Science criteria have been established, validating authentic, whole-person/whole-system Caring Science practices, research, assessment and scholarship.

The National WCSI Affiliate Certification Program honors and supports clinical and academic systems and other organizations to sustain this essential, transformative theory of Human Caring and Caritas culture of being and doing. This WCSI Affiliate Program connects accepted systems and organizations with Dr. Watson and WCSI faculty for exclusive access for deep transformation from within. The goal, together with the Affiliate, ultimately increases patient/organizational satisfaction and outcomes.

Please refer to this ‘live document’ to support your development to become and sustain your organization’s National WCSI Affiliate Status.

*by ‘systems’ we mean hospital, academic, community or other leadership organizations/businesses.
Becoming a National Caring Science Affiliate™

To be recognized and certified as a Watson National Caring Science Affiliate™, organizations are first required to work with Dr. Watson, and/or WCSI faculty for customized training programs and staff development sessions to prepare staff, and validate activities in order to meet the latest Caring Science criteria.

Become

To be recognized and certified as a National WCSI Affiliate, organizations will demonstrate that they have worked with Dr. Watson, and/or WCSI faculty for customized training programs and staff development sessions to prepare staff and validate activities in order to meet the latest Watson Caring Science criteria.

You are invited to then apply using our online application form. Applications are accepted in April and November each year. We will notify you of the outcome within six weeks of receipt of submission.

Current Affiliates will be continuously honored into our new structure. When current National WCSI Affiliates come up for renewal, an invitation will be extended to join the next cycle of applications, providing a grace period should there be a gap.

Live-out

An organization will demonstrate, every two years, a deep-rooted and sustainable commitment by integrating Watson Caring Science within their practices and policies, and outcomes. This commitment broadens health and healing for its staff, professionals, and the wider community.

National WCSI Affiliate status includes licensing fee for use of WCSI and Jean Watson LLC Registered IP Trademarks & Watson Caring Science language. It is a privilege that this National WCSI Affiliate status includes branding through the use of the WCSI logo and IP Watson Caring Science language for marketing material and other public relations within your organization.

Showcase

Action Plans and/or other evidence of an ongoing commitment to Watson Caring Science and Affiliate criteria will be submitted to WCSI yearly. Virtual or on-site ‘check-ins’ by Dr. Watson and/or WCSI faculty maybe conducted every two years to support and witness criteria are being met. Please use the online Action Plan Form to share your results.
Caring Science Criteria for Hospitals

National WCSI Affiliate Organizations will demonstrate every 2 years at least three examples per category heading, using the subheadings to guide you. For academic organizations see page 9.

**PRAXIS: Exemplary professional caring practice guided by Watson Caring Science theory, values, philosophy and science**

- Organization proactively aligns its strategic initiatives (mission, vision and values) with Watson Caring Science theory, values, and philosophy, such as within job descriptions, clinical ladder requirements, performance evaluations, and promotion.
- Evidence of caring – the 10 Caritas Processes® utilized as an authentic guide and understanding of Watson Caring Science methodologies for leadership, research, and caring practices.
- Healthcare design initiatives incorporate Watson Caring Science core concepts framework – for example, demonstrating a systematic Watson Caring Science integration plan to show changes in patterns of care delivery within unit or system wide practices, beyond medical-technical foci.
- Work in collaboration with WCSI for potential sources of funding.
**RESEARCH: Participation in Clinical Caring Scholarship and Research**

- Participation in clinical caring research and scholarship as part of a national data base to assess the patient’s experience of care in relation to outcomes, and to promote opportunities for collaboration.
- Identify whole system Watson Caring Science criteria indicators showing transformation from within to develop practices and further the research and relevance of being a National WCSI Affiliate.
- Provide financial support to conduct innovation/demonstration projects in Watson Caring Science.
- Appoint a Chief Nurse Executive or senior leader to serve as an executive of the WCSI Caritas Council. The Caritas Council will continually determine ways to deepen and sustain Watson Caring Science modalities and criteria consistent with our shared vision and mission, thus ensuring authentic transformation and relevance to human health and healthcare systems now and in the future.
- Organization has an established nursing and health science clinical research program.

**EDUCATION: Evidence of the Watson Caring Science Philosophy and learning/teaching methods**

- Understanding of Watson Caring Science methodologies for leadership and practices.
- Evidence Informed Practice (EIP). Nursing Research/EIP initiatives includes identification of Caring Science framework to guide scholarship/research.
- Organization supports staff presentation of caring scholarship/research in local, national and international conferences and scientific publications.
- Evidence of WCSI Caring Science theory - from administrative to leadership levels, such as the presence of Caritas Coaches® as a sustainable system resource.
LEGACY: Sustaining the healing environment culture of caring for staff, colleagues, patients/family and community

- Patient and staff experiences align with Watson Caring Science core concepts.
- Use of caring-healing modalities such as intentional touch, reflexology, aromatherapy, music, sound, visualization, imagery, and relaxation.
- Visible evidence in unit décor - visibility of caring language, art and artistry for staff, colleagues, & community which reflects caritas practices.
- Presence of nurse-staff-generated “Watson Rooms,” a healing space for staff renewal and self-care. Staff Wellness initiatives align with Watson Caring Science core concepts.
- Presence of Watson Caring Science branding, logos and language to promote a whole system consciousness and intentionally: implementing energetic caring-healing modalities that promote healing and self-care, self-knowledge, self-control, and self-healing.
Caring Science Criteria for Academic Institutions

As an academic National WCSI Academic Affiliate organizations demonstrate every 2 years two examples per heading of the following:

PRAXIS: Exemplary professional caring practice guided by Watson Caring Science theory, values, philosophy, and science.

- Faculty demonstrate knowledge, experience & study of Watson Caring Science.
- Evidence of the theory of human caring, such as examples of transpersonal caring moments or Caritas consciousness.
- Use of Watson Caring Science as a guide to inform and transform nursing practice; for example - from practice to praxis; curricula include theory-guided, moral practice of human caring, healing and health.
- Evidence of academic - clinical partnerships and experimental clinical learning experiences.
- Demonstrate leadership in developing and expanding knowledge of Watson Caring Science as a disciplinary foundation for the practice of nursing and health sciences.
- Arts, humanities and healing modalities are included in curriculum, complimentary to simulated learning labs & clinical technical skills.

RESEARCH: Participation in clinical, educational caring scholarship and research:

- Pursuit of innovative exploratory research methodologies.
- Allowing for creative artistic scholarship in teaching and research, along with empirically based inquiry.
EDUCATION: Evidence of Caring Science philosophy for curriculum, pedagogies, & learning/teaching methods

- Evidence of a Caring Science philosophy of education as a foundation to humanistic teaching and learning and innovation.
- Presence of the language of the 10 Caritas Processes® as a curriculum guide to the study, practice, and inquiry of the discipline of nursing.
- Evidence of energetic caring healing modalities - human caring relationships as core educational/clinical experiences.
- Evidence of a culture of caring among faculty, students, staff and administration.
- Allow for all ways of knowing (e.g. online/onsite) to explore human caring, healing and health phenomena.
- Evidence of the diverse, innovative, emancipatory pedagogies, inclusive of arts and humanities.

LEGACY: Sustaining the healing culture of caring for faculty, students, staff, and community

- Advancing Watson Caring Science as nursing’s academic identity within the college/university.
- Watson Caring Science used as a guide for inter-professional, trans-disciplinary knowledge development.
- Evidence of a culture & community of caring for faculty, students, administrators and wider community.
- Evidence of continuum of professional development of faculty around Watson Caring Science as a disciplinary foundation of Nursing.
- Faculty research – diversity and variety of methods of inquiry such as research & creative scholarship.
- Academic Organization is ever evolving, contributing to Watson Caring Science professional practices.
- Presence of at least one Caritas Coach on faculty.
National Caring Science Affiliate Action Plan

We have created a ‘light touch’ form to help you showcase how you are living out caring/healing modalities. Please use this online form to share your results with WCSI. Please use the headings to assess how your system demonstrates use of the criteria.

Online Form
Privileges and Benefits for National WCSI Affiliates

- Priority access to Dr. Jean Watson and WCSI faculty to co-create customized programs.
- Credit towards consultation fee to engage Dr. Jean Watson/WCSI Faculty. This can include both formal and informal programs, such as observational feedback, and consultation on program/process/organizational strategy and research.
- Permission to use, without cost, Jean Watson LLC Registered IP Trademarks. WCSI will provide you with certificates & logos.
- Virtual access to Jean Watson/WCSI Faculty such as webinars and conference calls twice yearly.
- Tuition waived for 1 Caritas Coach® to complete the American Nurses Credentialing Center (ANCC) Certified WCSI Caritas Coach Education Program (CCEP)
- 10% discount for 2 nurses/staff or educators to participate in the American Nurses Credentialing Center (ANCC) Certified WCSI Caritas Coach Education Program (CCEP).
- 20% discount on bulk orders (50+) from the WCSI Caring Store.
- Public recognition on WCSI’s website as a National Caring Science Affiliate.
- Opportunities for joint marketing with WCSI; sponsorship of international caritas consortium (ICC) and other learning opportunities.
- WCSI will serve as a repository to collect and collate your organization’s best practices as exemplars and models for this work for our world.
Fees and Application

Becoming a National WCSI Affiliate is a unique process tailored to your needs. We have created a Two Tier System plan and will work with you personally to find the one which works best for you.

• Tier 1 is the full affiliation certification
• Tier 2 allows for a customized approach to the certification process and Tier 1 status

Before achieving Affiliate status, we will work with you to ensure you have the right systems in place to succeed.

To begin the process, please complete our online application form at watsoncaringscience.org. Contact Dr. Jean Watson at jean@watsoncaringscience.org or Julie Watson at julie@watsoncaringscience.org for further information. You will then be cordially invited to apply in the nearest application cycle.

Applications will be accepted in April and November each year. We will notify you of the outcome within six weeks of submission receipt.

Affiliation includes licensing fee for use of intellectual copyright and trademark property of Jean Watson LLC. These include:

• Watson Caring Science Institute
• Watson Caring Science Institute Logo
• National Watson Caring Science Affiliate Systems
• 10 Caritas Processes
• Caritas Coach
• Caritas Coach Education Program
• Caritas Nurse
• Watson Caritas Patient Score
The human consciousness of wellness is awakening to energetic models of inner healing and emotional and mental health. We are re-oriented toward subjective, experiential indicators such as individual self-love, self-caring, self-knowledge, self-control, and self-healing health approaches, addressing individual and collective human suffering. This evolving view for humankind returns us to the heart of our humanity; it invites and requires practices for sustaining human caring for humanity and Mother Earth for our collective well-being of all.