## Thursday October 11th 2018

**With the Mayor of Brighton & Hove Cllr Dee Simson** at Brighton's Royal Pavilion - all welcome (£40.00)

### Pre-conference Urban Retreat

**The Friends Meeting House** (30 capacity) FREE

**Panel 1 - Title**

- Mary Rockwood Lane: Embodying Caritas to Communitas
- Anna Barnes: Care and Compassion though Design/Visual Arts of a New Hospital
- Bente Martinsen: Caring Science in Danish Homecare Nursing

### Panel 2 - Title

- Sara Horton Deutch & Gisela Van Rensburg: Expanding Caring Science and Reflective Practice through Global Engagement & Partnership
- Kathy Sitzman: Is Caring Science Useful for Disciplines other than Nursing? Results from Two Studies
- Barbara Brewer: Measurement of Caritas: Patients, Self, and Peers

### Thursday Evening Fun

**Irish Music & Award Winning Comedian Lynn Ruth Miller**

Fiddler’s Elbow Pub / 11-12 Boyce’s St / Brighton BN1 1AN / 8pm-11pm / FREE

## Friday October 12th 2018

**7:30 - 8:30 REGISTRATION The OLD SHIP HOTEL**

**8:30 am Welcome Julie Watson, Conference Moderator // Professor Kathleen Galvin Uni Brighton**

### Jean Watson - From Caritas to Communitas - Embracing the Human Spirit

#### Panel 1

- Mary Rockwood Lane: Embodying Caritas to Communitas
- Anna Barnes: Care and Compassion though Design/Visual Arts of a New Hospital
- Bente Martinsen: Caring Science in Danish Homecare Nursing

#### Panel 2

- Sara Horton Deutch & Gisela Van Rensburg: Expanding Caring Science and Reflective Practice through Global Engagement & Partnership
- Kathy Sitzman: Is Caring Science Useful for Disciplines other than Nursing? Results from Two Studies
- Barbara Brewer: Measurement of Caritas: Patients, Self, and Peers

**11am Coffee / self-care break**

**11:45-12:45 WORKSHOP 1 (select one)**

- Kirsty Martin: Choral Activists - The Old Ship Hotel
- Kathleen Galvin: Poetry as Inquiry in Qualitative Research - Old Ship Hotel Board Room
- Sharon Duggal: Creative Writing - Friends Meeting House Room 3
- Katie Sollohub: Drawing - The Art of Touch - Friends Meeting House Lecture Room
- Maja Dethoff: Sound Massage Using Singing Bowls - Friends Meeting House Room 4

**1pm-2pm Lunch**

**Digital Story**

- Curtis James: A Talk About Community Business

**3pm-4pm WORKSHOP 2 (select one)**

- Kirsty Martin: Choral Activists - The Old Ship Hotel
- Kathleen Galvin: Poetry as Inquiry in Qualitative Research - Old Ship Hotel Board Room
- Sharon Duggal: Creative Writing - Friends Meeting House Room 3
- Katie Sollohub: Drawing - The Art of Touch - Friends Meeting House Lecture Room
- Maja Dethoff: Sound Massage Using Singing Bowls - Friends Meeting House Room 4

**4pm afternoon tea break & self-care**

**Panel 3**

- Janet Lee and Jo White: Music in the Pediatrics Ward - for Music’s Sake
- Héctor Rosso: Resilience Through Compassion and Love
- Lisa Goldberg: Understanding LGBTQ+ Invisibility in Nursing through a Caring Science Philosophy & the 10 Caritas Processes®

### Jean Watson - Meditative Pause for Gratitude

**6pm end of day 1**

**Friday October 12th Evening**

**Irish Music & Award Winning Comedian Lynn Ruth Miller**

Fiddler’s Elbow Pub / 11-12 Boyce’s St / Brighton BN1 1AN / 8pm-11pm / FREE
# Watson Caring Science Institute

**ARTS HEALTH HUMANITY CONFERENCE**  
**OCT 11th - 13th 2018**  
The Old Ship Hotel, Kings Hotel  Brighton BN1 1NR

## Saturday October 13th 2018

### Day 2

**The Platform’s Wagner Hall**  
**DOORS OPEN 8:00 am**

8:30am Welcome back from Julie Watson & Professor Kathleen Galvin

**JEAN WATSON - Unifying the Communitas Field**

### Panel 4

<table>
<thead>
<tr>
<th>Title</th>
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<tbody>
<tr>
<td>Joyce B Perkins</td>
<td>Understanding Human-Environment in Unitary Caring Science</td>
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<td>Marian Turkel</td>
<td>Advancing Unitary Caring Science Inquiry: Calling the Circle of Reflection</td>
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<tr>
<td>Christine Griffin</td>
<td>Using Caring Science to Nurture the Community of Foster Care</td>
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### Panel 5

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<tr>
<td>Jim D’Alfonso</td>
<td>Advancing Social Justice Through Academic Partnerships</td>
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<td>Brooks Turkel</td>
<td>CEO as Caring Science Leader</td>
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<tr>
<td>Ella McDermott</td>
<td>Setting up a Medical Student Society for Palliative Care in Bristol</td>
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11am Coffee / selfcare break  
escorted short walk to Friends Meeting House

### 11:45-12:45 Workshop 3 (select 1)

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<tr>
<td>Abi Mortimer</td>
<td>Dance For Joy - The Old Ship Hotel</td>
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<tr>
<td>Gerry Thompson</td>
<td>Positive Comedy - The Old Ship Board Room</td>
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<tr>
<td>Antonia Rolls</td>
<td>Life Boards (collage) - Friends Meeting House Room 4</td>
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<tr>
<td>Carmen Dolz</td>
<td>Jin Shin Jyutsu® Handfuls of Health - Friends Meeting House Room 3</td>
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### Panel 6

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<tr>
<td>Lynne Wagner</td>
<td>Aesthetic-reflective Storytelling as Evidence of Presence and Healing Outcomes</td>
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<tr>
<td>Melinda Best</td>
<td>Dr. Charles Best, Co-discoverer of Insulin, a Human Side</td>
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<tr>
<td>Kathleen Galvin</td>
<td>Caring Science Contribution to Understanding Human Dignity</td>
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escorted short walk to Friends Meeting House

### 1pm-2pm Workshop 4 (select 1)

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<tr>
<td>Mary Rockwood Lane</td>
<td>Healing With the Arts - Friends Meeting House Lecture Room</td>
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<tr>
<td>Antonia Rolls</td>
<td>Coming Home (self-reflection) - Friends Meeting House Room 4</td>
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<tr>
<td>Carmen Dolz</td>
<td>Connect and Grow Qigong - Friends Meeting House Room 3</td>
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### Reflections & Feedback

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<td>Open discussion, what’s next</td>
<td>Open Facilitated Dialogue</td>
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### 5:20pm JEAN WATSON Weaving the Communitas Web of Life (Ribbon Dance)

6pm Conference Ends

**Please note: there may be changes to the schedule**

Further info: julie@watsoncaringscience.org / +44(0)7500965757

[www.watsoncaringscience.org](http://www.watsoncaringscience.org)

See you there!