



Watson Caring
Science Institute

CARITAS COMMUNITY CONFERENCE
PROGRAM & AGENDA
BOULDER, CO • JULY 14-16, 2023

Caring Store & Watson Room open throughout Conference

FRIDAY, JULY 14, 2023

TIME	ACTIVITY	LOCATION
4:00 - 6:00 PM	Private Faculty/Board Sharing Session (Julie Watson & Sara Horton-Deutsch , Board Members and Faculty)	Ballroom
6:00 - 7:30 PM	Check-In & Registration	Foyer
	Opening & Welcome (Jean Watson and Julie Watson) <i>Jean Watson: The Seven Sacred Sutras</i>	Ballroom
7:30 - 8:00 PM	Dr. Gloria Littlemouse , Tim and Terrell Padilla , Dale Yazzie (Diné), Isaac Wak Wak (Colville Nation). Opportunities to receive a smudging/blessing for personal intentions.	Outside Patio

SATURDAY, JULY 15, 2023

TIME	ACTIVITY	LOCATION
6:30 - 7:30 AM	Optional Sunrise Qi Gong with Dianne Reid	Ballroom
7:30 - 8:50 AM	Check-In & Registration	Foyer
8:00 - 8:50 AM	BREAKFAST	Mezzanine
9:00 AM Start	Welcome & Land Acknowledgment (Julie Watson)	Ballroom

SATURDAY, JULY 15, 2023

TIME	ACTIVITY	LOCATION
9:00 - 10:00 AM	Welcome: Opening our Hearts. <i>What brings you here?</i> (Jean Watson, Chris Griffin)	Ballroom
10:10 - 10:15 AM	Honoring our Lotus Recognition ™ recipients (Dianne Reid)	Ballroom
10:15 - 11:30 PM	WCSI Affiliates Sharing Session: <i>How is your organization implementing Watson's Caring Science?</i> (Facilitated by Jean Watson)	Ballroom
11:30 - 11:45 AM	COMFORT BREAK	Foyer
11:45 - 12:30 PM	Open dialogue & Affiliate sharing (continued)	Ballroom
12:30 - 1:30 PM	LUNCH	Foyer
WORKSHOPS <i>*will be run 3x with 35 people rotating to each group</i>		
1:30 - 2:15 PM*	<i>Integrated Evidence-based Experiential Body, Mind & Spirit Modalities for well-being</i> with Laura Gorby , Caritas Coach®	Watson Room
2:30 - 3:15 PM*	<i>Movement & Sound</i> with Alice Vestergaard , Caritas Coach®	Ballroom 1
3:30 - 4:15 PM*	<i>Healing through Music</i> with Laura Tongi , Caritas Coach®	Ballroom 2
4:30 - 5:30 PM	<i>How Was it for You?</i> (Workshop experience sharing, & announcements)	Ballroom
5:30 PM	END OF CONFERENCE — DAY 2	



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FUNDRAISING DINNER WITH JEAN WATSON

HOTEL BOULDERADO | JULY 15, 2023 | 7:00 - 10:00PM

LOVINGLY SPONSORED BY:



REGISTRATION REQUIRED

Dress code: smart/casual

7:00 - 7:30 PM	Mingling & seating	Ballroom
7:30 - 9:00 PM	Opening toasts & dinner A special reading from Jean's new book <i>The Metaphysics and Cosmology of Love</i> and Q&A	
9:00 - 10:00 PM	Footloose! Music & dancing the night away! EVERYONE IS WELCOME!	

SUNDAY, JULY 16, 2023

TIME	ACTIVITY	LOCATION
7:00 - 9:00 AM	BREAKFAST	Mezzanine
7:00 - 8:00 AM	Optional All-Levels Sunrise Yoga with Sarah Jayne DeGroote	Ballroom
9:00 - 12:30 PM	Affiliate projects sharing: Boulder Community Health & Kaiser Permanente Throwing the road out ahead with: Jean Watson and WCSI Faculty including Sara Horton-Deutsch , Chris Griffin , Lori Gdanetz , Mary Rockwood Lane , Héctor Rosso , Dianne Reid , Lindsey Tarasenko & Julie Watson	Ballroom
12:30 - 1:00 PM	Jean's Closing WHOOOOOSH!	Ballroom
1:30 PM	Optional packed lunch available	Foyer

Thank You! 

**THANK YOU FOR COMING TOGETHER
SAFE TRAVELS, LOVE & LIGHT!**

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We are a 501c3 non-profit organization. Tax ID# 26-0803334

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