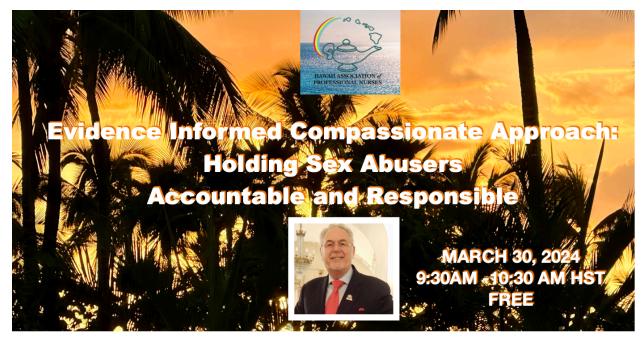
## Hawaii Association of Professional Nurses WCSI Regional Caritas Consortium March 30, 2024 | Virtual



Dr. Joseph Giovannoní DNP, APRN-Rx

9:30 am HI Time 12:30 pm PST 1:30 pm MST 2:30 pm CST 3:30 pm EST

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## Abstract

Dr. Giovannoni specializes in the treatment of sexual abusers. His clients often present with other comorbidities such as substance dependence, domestic violence, personality disorders, and mental health diagnoses. These individuals are often marginalized, labeled, and judged. There is a need to understand the influence of social, cultural, biological factors, and religious repressive thinking that contributes to this problem. This presentation focuses on the relevance of integrating human caring and compassion for good treatment outcomes while holding sex abusers accountable and responsible for their behavior. Dr. Giovannoni reflects on the importance of integrating Caring Science (Watson, 2008) to maintain a sense of balance and self-compassion in preventing therapist burnout. Practitioners have an important role in preventing sexual abuse. This requires being comfortable in addressing sexual health to ascertain a history of sexual impulsivity during a mental health assessment. To be effective in this endeavor, professionals must courageously explore their own wounding and revisit the validity of their long-held beliefs and prejudices about sexuality, (Giovannoni, 2016).

Dr. Giovannoni's treatment methodology is based on empirically validated best practices such as cognitive behavioral groups (Marshall & Laws, 2003). Sex offender treatment is informed by an accumulation of theory and research, such as meta-analyses of predictors of sex offenders' recidivism (Hanson & Morton-Bourgon, 2005) Risk, Need and Responsivity model (RNR). Notwithstanding the role of treatment targets, the importance of the therapist's style and approach has been found to be critical to treatment success (Harris & Hanson, 2010; Serran, Fernandez, Marshall, & Mann, 2003) particularly with respect to retention and engagement. Dr. Giovannoni applies the 10 Caritas Processes of Caring Science® (Watson, 2008) to facilitate a therapeutic alliance and client's cooperation. Therapists need to be role models of human caring with those who demonstrate a lack of empathy for their victims. Those who have been entrusted with this noble work promote healthier and safer communities. To maintain human caring requires self-care and the practice of loving-kindness to self-first before you can extend it to others. Dr. Giovannoni is a skeptical enquirer who express gratitude and reverence for the mysteries of life as he continues to study and understand the cause of sexual assault and prevention of sexual abuse.

## References

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