WCSI European Summit
connect/collaborate/explore with Caring Science colleagues

14th & 15th March 2020
The Old Ship Hotel, Brighton, UK

Description:

WCSI is developing a travelling European ‘Hub’ to support and enrich Caring Science scholarship and intellectual-experiential educational activities, and professional development, throughout Europe. You are invited to the summit to discuss how and in what way we can work to achieve this. Our aim is to learn from each other through shared work of original educational-clinical scholarship, celebrate your ideas, diverse forms of caring inquiry and theory-guided caring healing praxis,

AND to have fun!

We hope you will join us!

Some ideas we will discuss:

- **Caritas Coach Education Program in Europe** - our popular 6 month course with a live weekend at the beginning and end – deep dive into self-reflection and Caring Science – for care providers from various health and community-oriented institutions and non-profit organizations as well as individuals on their own personal journey who wish to restore and deepen their commitment to sustaining and radiating authentic practices of human caring-healing in our life, work and world.

- **Weekend or Day Retreats** – Peer Review check ins; followed by theory-guided Caring Healing Modality workshops (i.e. Reiki, Healing Touch, Qi Gong; Flower Essences; Conscious Dying Coach; Walking the Labyrinth, Healing with the Arts)

- **Self-Care and Reflection** An opportunity to connect with yourself and others. This weekend will create space for inner Self reflection, extending to Communitas.
• **International European Caritas Consortium** – a two-day interactive and collaborative professional practice gathering that brings together individuals who are actively engaged in implementing Caring Science and human caring theory in education/practice/research. This Consortium may rotate among different European sponsored sites.

*Our WCSI European ‘Hub’ mission is divided into four strands:*

**RESEARCH** - To explore, expand, evidence and translate practices of Caring Science as Sacred Science in order elevate higher dimensions of health, healing and human flourishing

**EDUCATION** - To share inspired scholarly practices through personal stories, and insights to radiate authentic narrative practices of human caring-healing in our life, work and world

**PRAXIS, LEADERSHIP & COMMUNITY** - Renew self and system through personal reflection and connection with community/comm

**LEGACY** - Advance Caring Science as a source of cultural-professional transformation toward whole person/whole system, theory-guided caring-healing scholarship, practices and health care for all.

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**ITINERARY:**

**Pre-summit evening Friday 13th March** – informal drinks and meal at a local pub (tbc) 7pm – 10pm

**DAY 1: SATURDAY, 14th March** – 9AM TO 5PM

We will begin the day with a short meditation followed by introductions and aims of the summit. Using the 4 themes above as a starting point, while open to new emerging themes. We will work in both small and large groups to develop and explore our mission to offer and develop WCSI in Europe (Is it needed? What does it look like? How can you help?) After lunch there will be an opportunity to Walk the Labyrinth Meditation as well as a healing modality workshop session. At the end of the day we will have a live webinar to hear Jean speak about her current work including a Q&A session.
DAY 2: SUNDAY, March 15th – 9 AM TO 2 PM
We will begin the reflective session with a silent meditation walk along the sea (weather permitting). After coffee and croissants, we will sum up the experience and agree next steps.

REGISTRATION:
CLICK HERE to register
Total registration fee is £55.00 to cover the cost of the room and lunch.
Questions? Julie@watsoncaringscience.org

ACCOMMODATION
THE OLD SHIP HOTEL Bed & Breakfast Kings Road Brighton – when booking direct we can offer £110.00 per room per night *single occupancy, bed & breakfast only.
(Rate valid for Friday 13th / Saturday 14th March 2020 only)
Dinner, Bed & Breakfast – £135.00 per room *single occupancy – only available for the first night only (Friday 13th March 2020)
Bedrooms will be held on an allocation code basis until the 13th Feb – this way guests can call and book their bedroom requirements themselves directly with the hotel and receive the discount mentioned above.
TO BOOK A ROOM Please contact the hotel directly: +44 1273 329001 using the promo code: CARE140320

There are many other Hotels nearby, as well as many AirBnB’s

DIRECTIONS:
Venue Location: The Old Ship Hotel, Kings Road, Brighton, BN1 1NR, UK telephone +441273 329001
Airports: The nearest airport to Brighton is Gatwick Airport with trains direct to Brighton. Heathrow and Luton airports are both 2 hours away with bus services to Brighton Centre.
Taxi: British Airport Transfers or UBER