

Final Presentation

WCSI – Senior Scholar Postdoctoral Program

July 6, 2020

Author: *Héctor Rosso*



Watson Caring Science Institute

Introduction:

Furthering my work as a Senior Nurse Manager and Director, this senior scholar work is framed through the lens of combining experiential, autoethnographic reflective practice as methodology to advance and contribute to the Unitary Field of Caring Science.

As I continue to develop transformation of self, I humbly invite others to live out Caring Science philosophy and theory through the humanities, art science and philosophy, to live out the unitary field of Caring Science personally and professionally.

I hope to be an exemplar beyond the self to connect with other - my transpersonal development as epistemological foundation of the journey through the Caritas Coach program and the 10 Caritas Processes - and ongoing never ending student of Caring Science, to a deep offering from self to the discipline and profession of my beloved profession – nursing.

My development, knowledge and application is evidenced through my personal ‘lived out’ experience and as a nurse to inform, innovate, expand and contribute to the theory of Jean Watson Theory of Human Care.



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Purpose

Through autoethnographic memoir, reflective practice and action learning: to advance and contribute to the Unitary Field of Caring Science. To implement and disseminate to students and advanced scholars - training, resources in Caring Science in America and others countries. To be a key resource for WCSI in expanding Latin America and removing language barriers to the work. I dedicate my path to the evolution of love and compassion for all things.



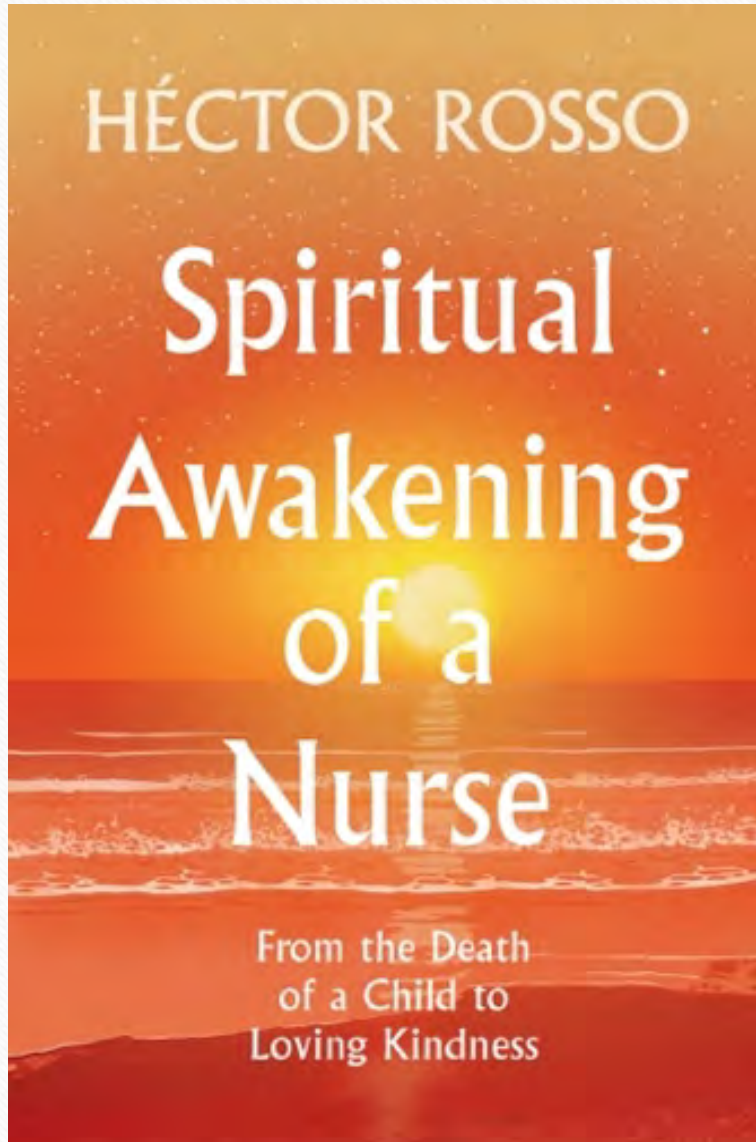
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Accomplishments 2019-2020

- ✓ **This past year** I have written a **book** which was published by Lotus Library.
- ✓ What began as a poster project for my CCEP presentation became a reality in October 2019 launched at ICC in San Francisco Ca (Lotus Library launch).
- ✓ I was **translation** assistant editor to Watson's 2008 book into Spanish (Uni of Chihuahua 2020) and translated various material for WCSI.
- ✓ I created and managed for the 2nd **Global Human Caring Conference** in Montevideo Uruguay and am the key contact as we prepare for the 3rd GHC Conference to be held in Argentina 2022.
- ✓ I was a **speaker and presenter** at 4 conferences (UK, Mexico, Spain, Uruguay with a poster accepted at ICC 2019),
- ✓ I have launched a **website** combining my holistic work with my academia.
- ✓ I have applied and been accepted onto a **PHd Program at Florida Atlantic University** with a focus: Watson's Theory of Human Care and bereaved Latino fathers (tbd).



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My Book

Foreword by Jean Watson; Erika Caballero Muñoz (President ICN, Region 6)

Written in Spanish and translated in English.

As a nurse and a father, Rosso poignantly reflects on his gruelling struggle and a search for life's meaning after enduring seven harrowing years stoically supporting his “soul teacher,” 13-year-old daughter Julieta who died after being diagnosed with cancer at age 6. Following his loss, Rosso begins a courageous trek through an uncharted territory of chaos, despair, forgiveness, and unknowns; which leads him to confronting his pain and himself head-on, leading to deep surrendering, self-care, higher consciousness and loving kindness.

An exemplar of Caring Science philosophy for health professionals and other care givers, this book also may be used as a guide to support other parents who, plunged into the pain of losing a child, must also be reborn.



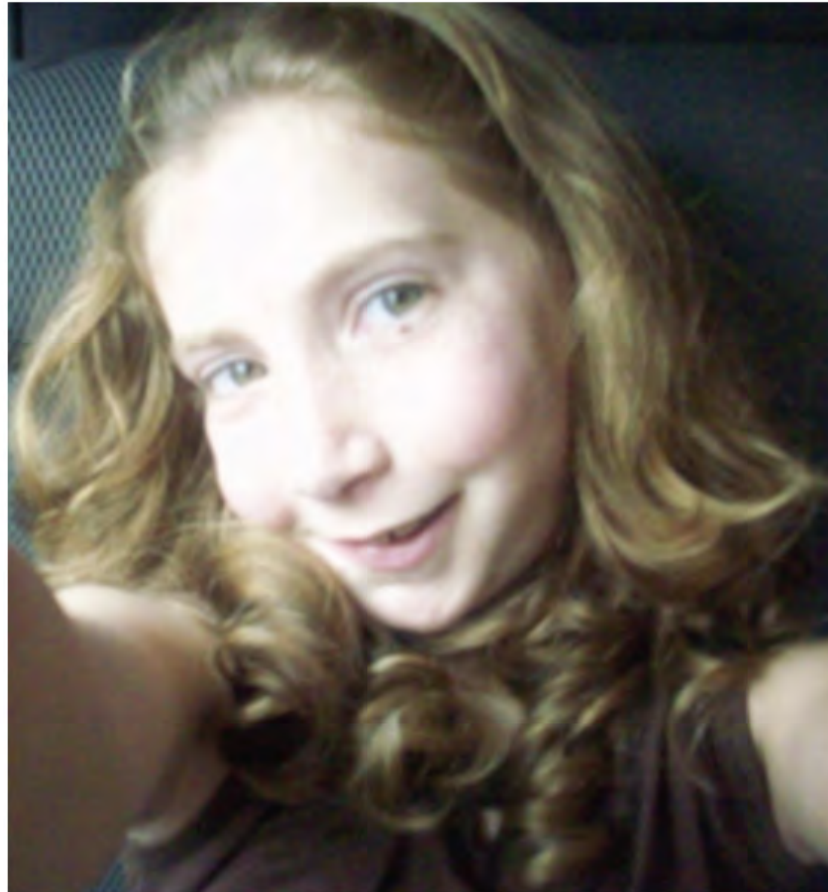
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**This work is dedicated
to the memory of my
sweet daughter
Julieta**

**Her birthday is today!!
06-07-2020**



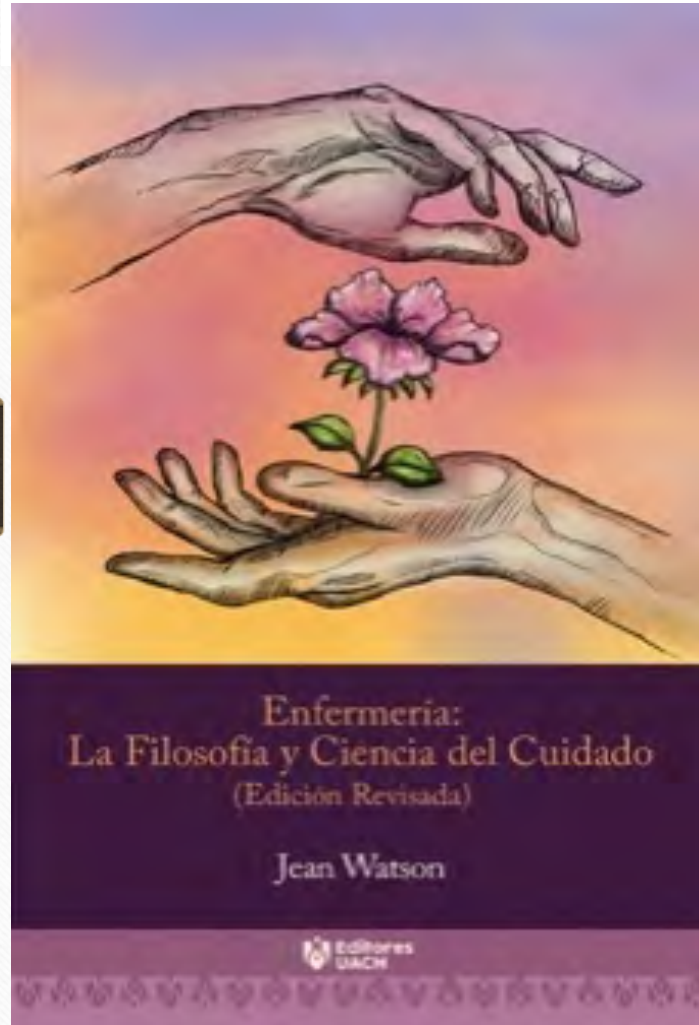
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Julieta Rosso

06-07-2000 / 19-10-2013

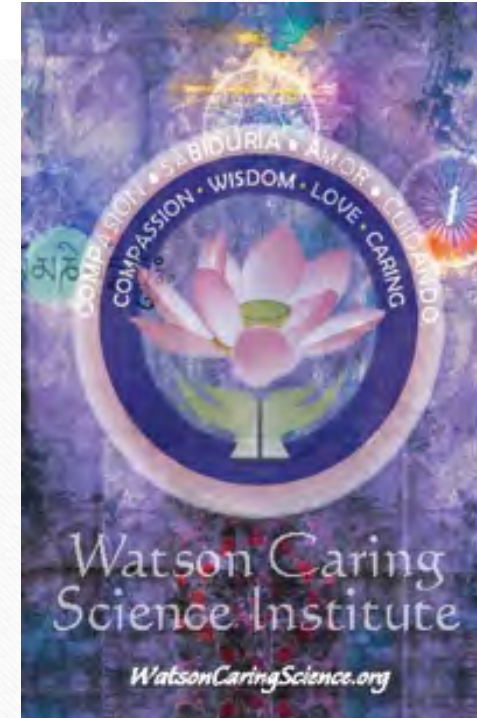
Translations:



Book:
**NURSING: THE
PHILOSOPHY AND
SCIENCE OF CARING**
(ENFERMERÍA: LA FILOSOFÍA Y
CIENCIA DEL CUIDADO)

**Editor in the
revision of the
translated book in
Spanish.**

UACH - Universidad
Autónoma de Chihuahua,
237 pages.



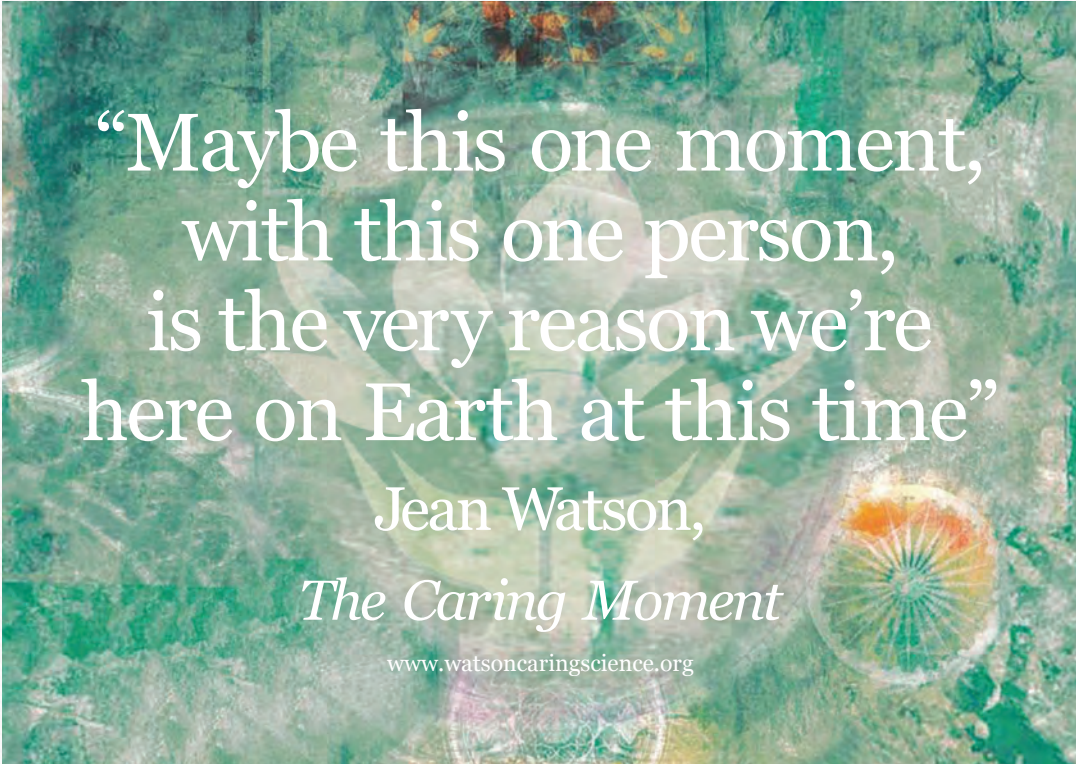
Les diez procesos de Caritas® sobre el cuidado humano de la Dra. Jean Watson

- 1 Aceptar: Valores humanistas y altruistas, practicando la bondad amorosa consigo mismo y con los demás.
- 2 Inspirar: Fe y esperanza, honrar a los demás y estar verdaderamente presente.
- 3 Confiar: Ser sensible con uno mismo y los demás cultivando prácticas espirituales propias (presencia transpersonal).
- 4 Nutrir: Desarrollar y mantener relaciones de amor de ayuda, confianza y cuidados.
- 5 Perdonar: Aceptando los sentimientos positivos y negativos, escuchando verdaderamente la historia de la otra persona.
- 6 Profundizar: Método científico de resolución de problemas, a través del proceso de cuidado, uso de sí mismo y el arte de las prácticas de cuidado y de sanación.
- 7 Equilibrar: Enseñar y aprender a abordar las necesidades individuales y los estilos de aprendizaje.
- 8 Crear: Un ambiente de sanación en lo físico y espiritual a todo nivel, respetando la dignidad humana.
- 9 Asistir: A las necesidades humanas fundamentales, como actos sagrados. Establecer contacto con la mente, el cuerpo y el espíritu de la otra persona.
- 10 Apertura: A lo espiritual lo místico y las incógnitas, permitiendo los milagros.

10 Caritas Process Cards For WCSI Caring Store



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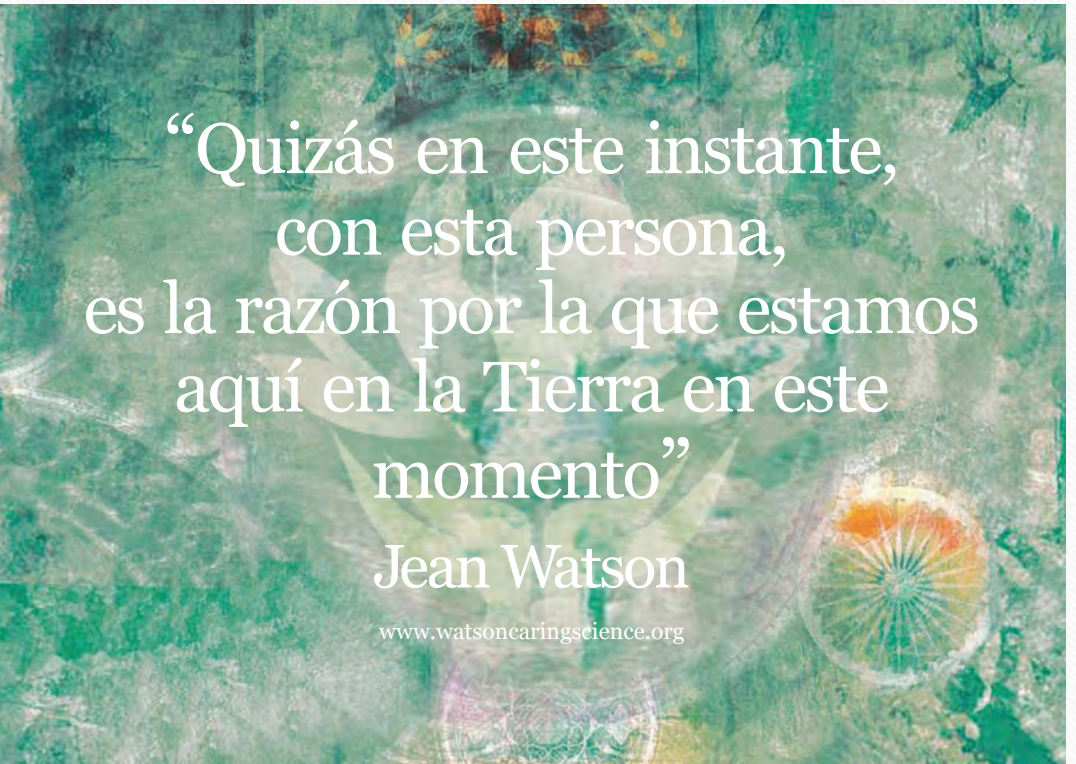


“Maybe this one moment,
with this one person,
is the very reason we’re
here on Earth at this time”

Jean Watson,

The Caring Moment

www.watsoncaringscience.org



“Quizás en este instante,
con esta persona,
es la razón por la que estamos
aquí en la Tierra en este
momento”

Jean Watson

www.watsoncaringscience.org

Caring Moment Card for The WCSI Caring Store



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Activities:

Website - I worked to create my website to combine my caring science, holistic and educational work as well as other resources. <https://www.hectorrosso.com/>



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Major Latin American Conference in Uruguay -



I worked with colleagues to create the 2nd Global Human Caring Conference (we call it Congress in Spanish) - II Congreso Latinoamericano de Cuidados Humanizados

Organized with colleagues in Montevideo, Uruguay 2019.

Countries attended: Argentina, Colombia, Perú, Chile, Brazil, Ecuador, México, USA, UK, Uruguay, España,

Workshops:

The 10 Caritas processes - Yuan Qigong, healing art - Therapeutic clinical hypnosis in paediatrics - Cleaning and reprogramming of Cellular Memory Mindfulness - Yoga and harmonization through energy centers - Biodanza - Reiki space.



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A speaking engagement for Dr Watson in at the Paediatric Hospital – CS in practice (Praxis):

Pereira Rossell Hospital, the only paediatric hospital in Uruguay. Hearing is all professionals who work in the hospital. This would be a conference pointing to the most practical aspects of Caring Science.



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A speaking engagement for Dr Watson for over 500 Students:

Activity organized by the two Universities and the WCSI for the students, framed within the conference, but specifically for the students, free and without registration fees for them, which took place in one of the magnificent auditoriums of the Catholic University.



Speaking engagement: December 5th - I was also invited to speak at University of the Republic Uruguay - presentation and talk with nursing students, with Julie Watson.



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Courses

I ran a 2-day workshop under the advice and guidance of Jean Watson in Montevideo.



Evaluation:

The evaluation was carried out using the methodology of questions with satisfaction scales and was carried out by SurveyMonkey. With a course result that was very satisfactory.

Title: Creating A Culture Of Caring Healing And Health For All

December 7th & 8th 2019 / Location: Montevideo - Uruguay

What would it look like if our Hospitals created an authentic culture of caring and healing? How can we as nurses care for ourselves and our teams in order to care for our patients? In this

2-day workshop we will focus on the 10 Caritas Processes® Through rich dialogue and interactive holistic health modalities we will explore our inner essence of what drew us to the profession of care in the first place.

Lunch, all materials and certificate of completion provided. Modalities explored: Reiki, Yoga, Drawing to explore touch.



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Latin America Partnership: I have helped WCSI create a specific webpage for Spanish Speaking Colleagues called: *WCSI Latin America*

*“WCSI is delighted to work with our professional colleagues to create a Latin American Partnership — **WCSI Latin America***
OUR MISSION: *To assist with the development, implementation, delivery and spread of Caring Science and WCSI work in the Spanish* language for Spanish speaking countries, mainly in Latin America”.*



Nurses' Global Coherence 2020

I was asked to translate and record my voice of the meditation in Spanish.

NURSES' GLOBAL COHERENCE 2020 CO-SPONSORS

Nurses' Global Coherence 2020 Co-Sponsors



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NIGH

global coherence  INITIATIVE



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Translation to Spanish and Validation:

Watson Caritas Patient Score®

Watson Caritas Co-Workers Score®

Watson Caritas Leader Score®

Watson Caritas Self-Rating Score®

I am currently working with colleagues from the Universidad Industrial de Santander in Bucaramanga-Colombia, in the translation and validation of the research instruments.

My caregivers:	Never							Always
Deliver my care with loving-kindness.	1	2	3	4	5	6	7	
Meet my basic human needs with dignity.	1	2	3	4	5	6	7	
Have helping and trusting relationships with me.	1	2	3	4	5	6	7	
Create a caring environment that helps me to heal.	1	2	3	4	5	6	7	
Value my personal beliefs and faith, allowing for hope.	1	2	3	4	5	6	7	



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1st INTERNATIONAL NURSING WEBINAR AND CARE SCIENCE

"HUMANIZED CARE IN TIMES OF COVID-19"

AUGUST 14 AND 15, 2020 - ZOOM PLATFORM



1º Webinar Internacional de Enfermería y la Ciencia del Cuidado
"El cuidado humanizado en tiempos de COVID-19"

Jean Watson

14 y 15 Agosto

¡¡INSCRIBETE HOY!!

Logos: Watson Caring Science Institute, GLOBAL, and flags of participating countries (Mexico, USA, Chile, Peru, Argentina, Colombia, Uruguay, Paraguay, Ecuador).



Speakers Webinar 14 y 15 Agosto

 Dra. Jean Watson	 Mg. Erika Caballero	 Grissel Hernández	 Mtra. Nataly Mombello
 Mg. Hector Rosao	 Prof. Lic. Angel Gustavo Diaz	 Mayuth Galeano Delgado	 Luz Eugenia Ibañez
 Dra. Olimpia Cortez	 Beatriz Villamizar Carvajal	 Dra. Enriqueta Rivas	

www.corporativo-global.com

Logos: GLOBAL, Watson Caring Science Institute.



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Book:

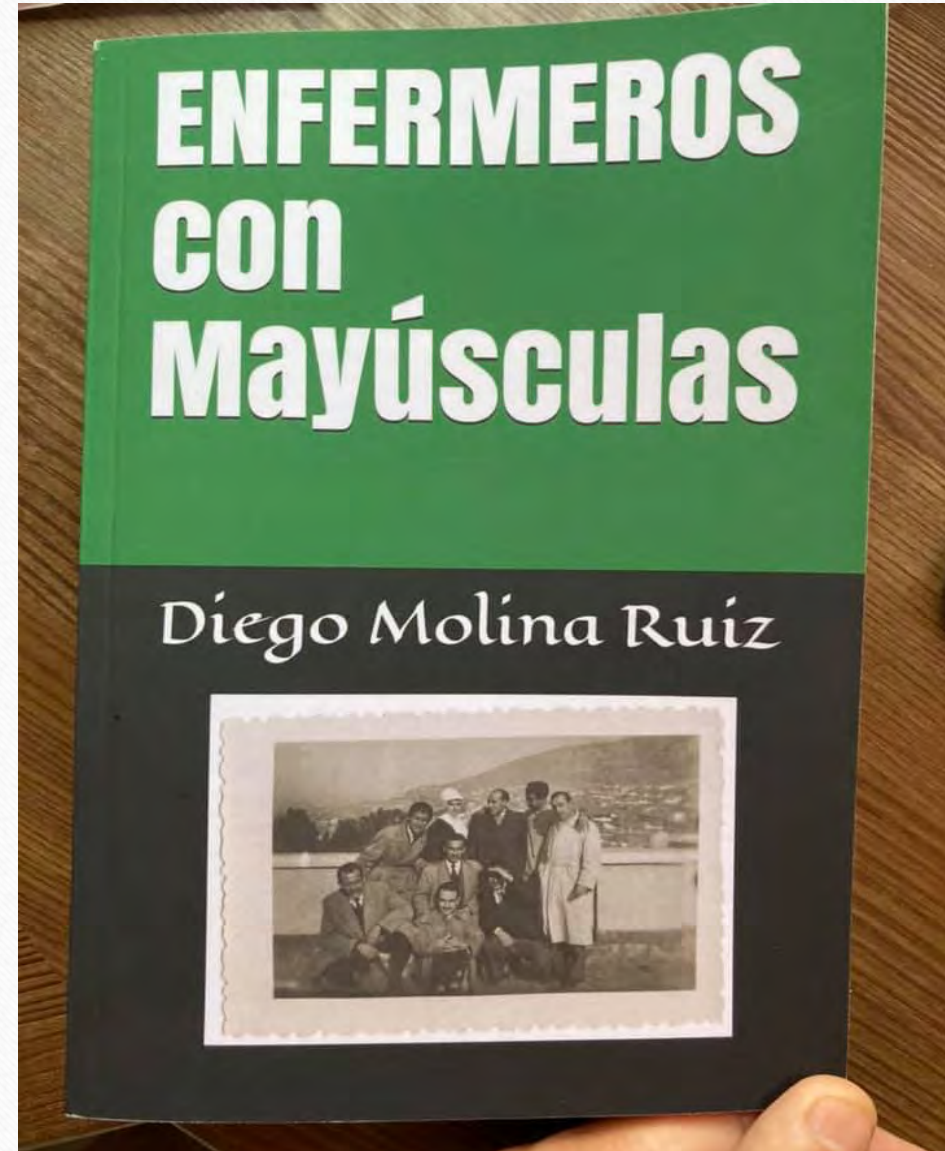
“Nurses with capital letters”

This book is a tribute to all Male Nurses, in this special year 2020, commemorating the International Year of Nursing.

I thank the author Diego Molina for giving me the honor of being part of this group of Nurses and sharing my experiences, such as that of 179 colleagues **from 15 countries.**



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Creation group in Argentina and Uruguay



**Cuidados Humanizados .
La Ciencia del Cuidado , Uruguay.
Miembro del WCSI Latinoamérica .**



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FUTURE WORK

Book Translation

I am working with colleagues at University of Tarragona Spain to Translate Watson's most recent book:

Praxis of Nursing.

Caritas Coach Education Program Faculty

I am honor to be a faculty mentor for CCEP program staff October 2020.
I am and will continue to mentor three Colombian colleagues and other Spanish speakers in the process of becoming Caritas Coach.

On line courses planned:

- Course on Caring Science is being implemented in Uruguay with the University of the Republic, Faculty of Nurses.
- Course on Caring Science is being implemented in Latin America with the UVISA – CHILE
- WCSI online course with Anna Biley and Lynne Wagner *COMING HOME: HEALING THE SACRED CIRCLE OF LIFE AND DEATH* (UK – US)

Coming Home: Healing the Sacred Circle of Life and Death

Beginning late August (TBD)



"We work within the great circle of life-death. This reality recognizes that we all share this common task of facing our humanity at a deep level, both personally and professionally. What we do is not without consequences, in that one way or another we are contributing to and co-participating with the web of life" (Watson, 2005, p. 137).

Facilitated by Anna Biley, Héctor Rosso & Lynne Wagner with input from Jean Watson.



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Thank you all
very much for
sharing this year
on this beautiful
journey, learning
and sharing our
experiences in
Caring Science.



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