

Cedars-Sinai Becomes WCSI's Newest Affiliate

Boulder, CO - December 2021 - Watson Caring Science Institute (WCSI) and Dr. Jean Watson are proud to announce that Cedars-Sinai, Los Angeles has been named a National Caring Science Affiliate System of WCSI. The designation recognizes Cedar-Sinai's exemplary integration of Human Caring Theory, and leadership commitment to offer informed Caring Science practices, to their patients, their families, and their system.



"Cedars-Sinai is embarking on a transpersonal Caritas Consciousness journey through our affiliation with the Watson Caring Science Institute. Our Shared Leadership Councils have chosen the Theory of Caring Science to guide our professional practice. Every Cedars-Sinai nurse is a Caritas nurse." Dr. Anita Girard, DNP, CPHQ, NEA-BC, VP and CNO, Cedars-Sinai.



Dr. David Marshall, JD, DNP, RN, FAAN, FAONL, SVP and CNE, Cedars-Sinai says "Cedars-Sinai is very excited to be an affiliate of the Watson Caring Science Institute. Our nursing vision of "Excellence in Human Caring" is well aligned with our professional practice, as we aim to deliver patient and family-centered care, through the practice of loving-kindness for self and each other."

To become a National Caring Science Affiliate System, Cedars-Sinai has demonstrated to WCSI the authentically, deep-rooted and sustainable commitment to integrating Caring Science to transform and broaden whole person health and healing for its staff, patients, families and the surrounding community.

About Cedars-Sinai, Los Angeles



Cedars-Sinai is a nonprofit academic healthcare organization serving the diverse Los Angeles community and beyond. With pioneering medical research achievements, education programs defining the future of healthcare, and wide-ranging community

benefit activities, they are setting new standards for quality and innovation in patient care. For more information, visit [cedars-sinai.org](https://www.cedars-sinai.org).

About Watson Caring Science Institute



Watson Caring Science Institute

The Watson Caring Science Institute is an international non-profit organization that advances the philosophies, theories and practices of Human Caring/Caring Science. It was founded by Jean Watson, PhD, RN, AHN-BC, FAAN, who serves as founder and director. Focusing on research, education, praxis, leadership and legacy, the institute aims to widen the development and understanding of Caring Science to inform our notion of quality care and healing environments. Currently there are over 400 hospitals throughout the USA with many other partner healthcare systems globally using Caring Science and Human Caring Theory. There are now over 400 trained practitioner leaders or 'Caritas Coaches®' throughout the world. Texts on Watson's theory of caring are taught in universities worldwide and translated into over 7 languages. To become a National Caring Science System™ of WCSI, an organization must demonstrate specific criteria related to authentic human caring-healing practices for its whole community. For more information, please visit watsoncaringscience.org.

About Jean Watson



Jean Watson is a Distinguished Professor Emerita and Dean Emerita of the University of Colorado Denver, College of Nursing, where she held the Endowed Chair in Caring Science at the University of Colorado, Denver and Health Sciences Center. She is the founder of the original Center for Human Caring in Colorado and an American Academy of Nursing Fellow. Dr. Watson was inducted as a Living Legend by the American Academy of Nursing, its highest honor. Watson also is the recipient of numerous awards and honors, including the National Fetzner Institute Norman Cousins Award, an International Kellogg Fellowship in Australia, a Fulbright Research and Lecture Award in Sweden, and six international honorary doctorate degrees. Watson is the author of more than 100 publications in Caring Science and of more than 30 books on the Science of Human Caring™, including the classic: Nursing: The Philosophy and Science of Caring which identifies the 10 core "Caritas Processes®", universals of human caring, necessary for studying and implementing a model of Caring Science in practice. This work restores the deep-spiritual dimensions of Love with caring-healing as the foundation for preparing a new level of practitioners in Caring Science/Caring HealthCare.

For further info/press inquiries contact Julie Watson: julie@watsoncaringscience.org.