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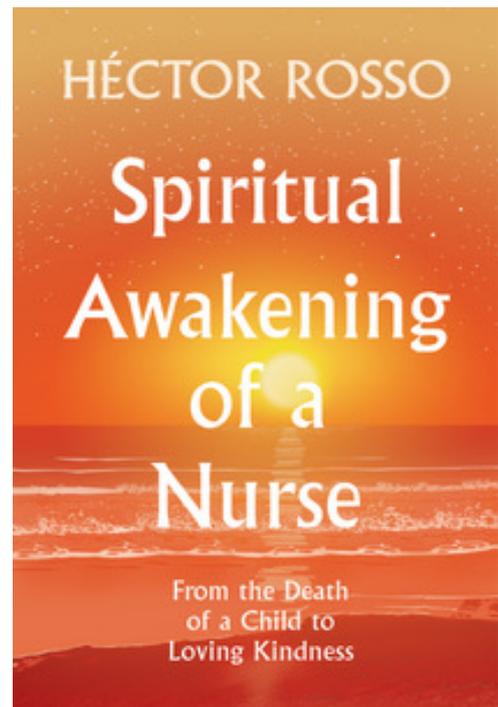
BOOK RELEASE

Spiritual Awakening of a Nurse
From the Death of a Child to Loving Kindness
BY HÉCTOR ROSSO RN, BSN, CDE, MA, Caritas Coach®

Boulder, Colorado, October 2019 – WCSI’s Lotus Library proudly announces publication of its first dual language title: **Spiritual Awakening of a Nurse; From the Death of a Child to Loving Kindness** by [Héctor Rosso](#), with forewords by [Jean Watson](#) and [Erika Caballero Muñoz](#).

As a nurse and a father, Rosso poignantly reflects on his grueling struggle and a search for life’s meaning after enduring seven harrowing years stoically supporting his “*soul teacher*,” 13-year-old daughter Julieta who died after being diagnosed with cancer at age 6. Following his loss, Rosso begins a courageous trek through an uncharted territory of chaos, despair, forgiveness, and unknowns; which leads him to confronting his pain and himself head-on, leading to deep surrendering, self-care, higher consciousness and loving kindness.

An exemplar of Caring Science philosophy for health professionals and other care givers, this book also may be used as a guide to support other parents who, plunged into the pain of losing a child, must also be reborn.



“This book will take you on a path that will allow you to connect with yourself, bringing together your head, your heart and your hands and translating through them loving care practices.” Erika Caballero Muñoz, Member, Board of Directors, International Council of Nurses (ICN), Region 6.

“Héctor Rosso shares his personal/professional life journey through such an artistic and authentic story that it invites others to enter deep healing experiences, literally and vicariously.” Jean Watson, PhD, RN, AHN-BC, FAAN, LL (AAN) Founder/Director
Watson Caring Science Institute



A dual language book in **English and Spanish**. Available for purchase on October 17, 2019. [Click here to order.](#)

About the author

A native of Montevideo, **Héctor Rosso** worked as a nurse in Uruguay for more than 28 years. He was Professor and Director at the Department for Education & Community Health, Faculty of Nursing & Health Technologies, at Catholic University, Uruguay, and more recently, he was Assistant Director of a large psychiatric hospital, in addition to serving as Director of Nursing at the only Public pediatric hospital in Uruguay. This experience deepened his desire to develop well-being and care for nurses, which formulated his research for his double Master's thesis, completed in 2018. Currently, Héctor is an Adjunct Faculty Associate for WCSI, and a Caring Science Scholar, committed to a leading role on "*WCSI Sur*," supporting Spanish speaking health professionals interested in Caring Science. Héctor also works as a holistic nurse educator, speaker, and consultant; and is honored to support nurses and other care givers with their own personal and professional development. This is his first book.

- **Paperback:** 290 pages
- **Publisher:** Lotus Library
- **Language:** English and Spanish
- **ISBN** 978-1-7331232-4-2
- **Product Dimensions:** 129mm wide x 198mm high
- **Also available as an Ebook**



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