



**Abstract: Middle Eastern Nurses Uniting in Human Caring Conference:
Jordan
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Caring Science and Whole System Transformation

Background/Context:

Human Caring and Healing within a whole system context unites nurses and other health professions across time, space, cultures, borders, and boundaries; it helps to address local and global societal issues in midst of absence of human caring.

Theoretical Framework – Interventions: 10 Caritas Processes –Healing Environment

Caring Science offers a distinct disciplinary foundation for nursing and interdisciplinary practices to serve the public. It provides the philosophical-ethical-theory base for humane practices of human caring and healing for society

The theory of human caring and the 10 Caritas Processes provide a foundation for Whole system transformation, beginning with the inner work of the individual practitioner, cultivating heart-centered compassionate caring -healing for self – radiating to other, extending into the environment and larger system field of practice.

Specific interventions, methods and modalities: This presentation will provide an program of whole person/ whole system transformation, guided by Caring Science theory, methods derived from HeartMath (science of the heart), and 10 Caritas Process, caring-healing practice modalities for authentic personal/professional/ environmental system changes.

Outcomes: Conventional and Transformative Caring Science forms of Evidence

New forms of conventional and caring science processes, evidence, and outcomes, including economics will be shared.

Example:

Conventional - Extant quality improvement measure and initiatives; e.g. HCAHPS, scores in USA; nursing satisfaction, nurse retention, and patient experience measures, costs;

Caring Science - new subjective, experiential caring science indicators of authentic practices of caring and system changes, e.g. evidence of human flourishing; evidence of meaningful creative workgroups, See insert

New Caring Science Criteria: New Outcome Indicators

Leaders/Managers NOW Seek 'Evidence' of:

- **Human Flourishing: Staff and Patients, Family, Community.**
- **Purposive Involvement: Contributing to Something Larger Than Self – Inspired Vision.**
- **Building Capacity: Inspired Organizational Leadership, Workgroup Cohesion, Workgroup Learning Processes.**
- **Honor and Use of Unique Individual Talents for Advancement – Progression; Relational Coordination**
- **Allowance for Creative Emergence**

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RE commendations:

New models of personal/professional/system changes are now required for health care and transformation required to serve humanity and global public. Whole system transformation is necessary to shift from sick care and medical techno-cure foci to human caring-healing-health for individual and communities. Caring Science and whole system approaches are one way forward for health care for all and new systems of caring.

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