

Listening circle and metaphoric card interactive workshop

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This interactive communication workshop will present new teaching techniques: listening circle, metaphoric cards, and narrative.

The basic assumption using the narrative technique is that every person has his own life story, and this story has a meaningful impact on life. During this workshop, the participant is invited to choose and describe a meaningful life event. Next he will elaborate about how his interpersonal relationships are vessels for self fulfillment. Everyone's personal story is a mosaic which composes his past, present and future. When one shares this mosaic with others, the world is seen through his eyes. One of the most influential principles in effective communication is that the story teller is showing us his world through his personal perception. After the narrative we become experts in the life content of the teller. We, the healers, can use this perception in order to assist the story teller in seeing that other view points are possible, leading him to accept different viewpoints.

The listening circle method enables us to exercise our listening abilities- crucial for effective communication! Effective listening circle technique provides the essential tools for non-violent solutions in confrontational situations, exposing us to the needs of every individual in the circle. Tools learnt during this part of the workshop will enable the participant to take home effective communication methods to be shared by colleagues.

Metaphoric cards have been used in the past few years by multi-disciplinary therapists. The individual picks a card from the pack. Our eyes take a snap shot of the world. This snap shot is engraved in our memory. Many photos make up the mosaic design of our memories and what we choose to retrieve. These cards serve as an open door which the participant uses to express and relate a meaningful life experience.

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