

CARING Moments-THEORY vs PRACTICE

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Background- Caring theory is important; translating this theory into practice is not always easy. How we can practice the theory of caring in our bedside everyday nursing job is a challenge. This presentation is a personal account of the perception of an OR nurse attempting to bridge to gap between theory and practice. Working in OR a nurse must be very proactive in finding and capturing caring opportunities.

Objective- Caring as a whole- from the second we admit a patient into Operating Room (OR) till we release him to Recovery room, OR nurses represent the patient and family. Whether the patient is asleep and the family is outside in the waiting room – the patients' presence must be in the nurse's heart. OR nurses must be the channel that offers the family the opportunity to ask questions and discover vital details that concern them. By sending a text message to the family's cell phone we keep them up to date of the procedures in the OR. This talk will present the caring theories and how to bring them into every day practice in the operating room. Caring practices and tips will be demonstrated and discussed.

Results- By practicing caring in the operating room, the high tech environment can be softened by nurses.

Conclusions- By practicing and living as a role model for caring, one nurse can influence patients , families and other team members.