

Peru 2018

Kathleen Sitzman's Report of Activities in Peru

June 21st

I did a 2 hour training on why application of Caring Science is important in healthcare and beyond for the faculty and administration at UMA (Universidad Maria Auxiliadora).

After the training I met with the administrative team at UMA to discuss implementation of a Caring Science foundational framework at program and university-wide levels.



Front of UMA



The view from an open hallway at UMA



July 22

Conducted a workshop in Caring Science Fundamentals for nursing students in the 9th and 10th semester of study at UMA.

These students come from the impoverished areas that surround UMA. They live in small brick or earthen structures. Many do not have running water or dependable electricity, yet they come to school eager to learn and contribute. These students work 2 or 3 jobs while going to school full time.

They maintain high academic performance records.



Neighborhoods above UMA where students live



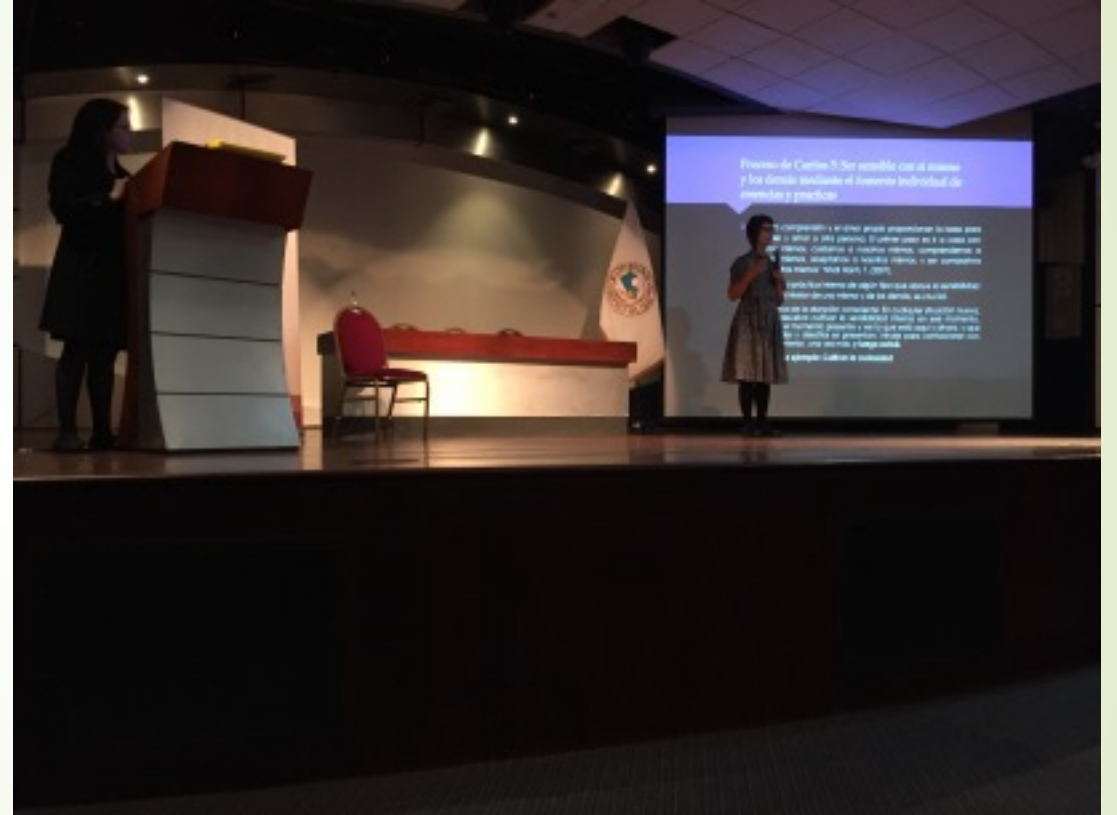
Neighborhoods above UMA where students live.



June 23

I presented a Caring Science Workshop to the Peruvian State Board of Nursing.

This began as a small workshop with 20-30 intended attendees but quickly grew to include about 98 people. The originally planned venue had to be moved to a university auditorium to accommodate the larger number.



June 23

The Peruvian National Board of Nursing and others in the audience were very enthusiastic about incorporating Caring Science into their work.



Visit to the National Peruvian Board of Nursing Headquarters

The Peruvian National Board of Nursing asked me to come to their headquarters so that more photos could be taken, and so that I could sign their special visitor book. They also showed me an art exhibit of images created by nurses all over Peru.



June 25th and 26th

On both the 25th and 26th I taught a.m. and p.m. workshops on Caring Science at UMA for morning and afternoon shift nursing students.

(*Rested and prepared for the upcoming week of workshops and meetings on June 24th.)





June 27

I presented a workshop on Caring Science to first semester students at Universidad Norbert Weiner.

There were 4 Sisters of the Holy Cross in this workshop. They are working together with other members of their convent to incorporate Caring Science into a new clinic they are creating to serve HIV/AIDS patients. In Peru, HIV/AIDS patients do not receive reliable healthcare due to the stigma surrounding this condition so the nuns are creating a health service just for them. The Caring Science and Caritas Practices that I presented at this workshop will help form the theoretical and practice foundation for their HIV/AIDS clinic.



June 27

Nursing students at Universidad Norbert Weiner put on a performance of Florence Nightingale's life that I was invited to watch.

Afterwards, they presented a buffet of traditional Peruvian foods that they made themselves.



June 28

Morning Caring Science workshop for nursing staff at Clinica Santa Isabella.

Then back to UMA for meetings with administrators to create a 12 month plan for implementation that I will evaluate when I return next year:

- Research planning
- Curriculum planning
- Faculty Development planning

Faculty members at UMA created a Caring Science Committee during my visit. They will meet monthly and report progress so that I can help them reach their Caring Science goals.





June 29-30

- ▶ Return to North Carolina
 - ▶ Coordinate all of the developments resulting from my trip to Peru with Watson Caring Science Institute (WCSI)
 - ▶ Zoom meeting with Jean Watson on Sunday July 1st to outline next steps in supporting developing initiatives at UMA.
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