

PRESS RELEASE For immediate release



Jean Watson

Nursing Living Legend Jean Watson coming to the UK

Arts Health & Humanity Conference October 12th & 13th 2018 at The Platform - Wagner Hall, Brighton

30 July, Brighton UK - Dubbed the 'Rock Star of Nursing,' Internationally acclaimed nurse theorist and American Academy of Nursing 'Living Legend' Professor Jean Watson will be speaking in Brighton at the Arts Health & Humanity Conference. Supported by University of Brighton, and Brighton & Sussex University NHS Hospitals, this conference aims to bring artists and healthcare professionals together to learn from each other.

Hosted by the global non-profit <u>Watson Caring Science Institute</u>, this is a unique opportunity for stimulating discussion and debate with <u>global healthcare leaders</u> and creative artists. International speakers will include the foremost scholars in Caring Science from Denmark, USA, South Africa, Canada, Uruguay and the UK. Artists include acclaimed author <u>Sharon Duggal</u>, 'choral activist' <u>Kirsty Martin</u> and <u>SouthEast Dance</u>.

This **Arts Health & Humanity** conference offers a special opportunity for nurses, students, therapists, artists, health care and community workers, to share, network and learn together.

Kathleen Galvin, Professor of Nursing Practice, University of Brighton explains: "Participants will not only hear from acclaimed healthcare leaders, but they'll also have a chance to experience the arts as a potential tool to inform their practice, self, and/or system, such as value of poetry, drawing, creative writing, comedy, singing and dance."

www.watsoncaringscience.org



As the nursing profession evolves, so too does our understanding of what caring for humanity involves. "It is a matter of life and death if we don't return to the source of compassion" said **Jean Watson**. "Overtime, our systems have treated patients as another 'task and object,' instead of human beings. Nursing has a responsibility to preserve and sustain human caring and human dignity, in midst of system and societal threats. Engaging in the arts is an important way to connect with each other on a human level."

The **Arts Health & Humanity** Conference will be held **October 12th& 13th** in Brighton at <u>The Platform's Wagner Hall</u> and will kick off on the evening of **October 11th** with a champagne reception at Brighton's famous <u>Royal Pavilion</u>.

For tickets and more information: https://www.watsoncaringscience.org/events/artshealth-humanity-conference-brighton-uk-2/ Or contact Julie Watson julie@watsoncaringscience.org mob: +44(0)7500965757

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Further information:

About Jean Watson PhD, RN, AHN-BC, FAAN, LL

Distinguished Professor Jean Watson is an educator and founder/director of the global non-profit organization Watson Caring Science Institute. She holds over 15 International Honorary Doctorates and several other high-ranking titles, which include Living Legend of the American Academy of Nursing, its highest honour. Watson's contributions to global nursing scholarship in Caring Science and the theory of human caring have been Internationally acclaimed.

About Watson Caring Science Institute

WSCI is an international non-profit organization that advances the philosophies, theories and practices of Human Caring/Caring Science. It was founded by Jean Watson, who serves as founder and director. Focusing on research, education, praxis and legacy, the institute aims to widen the development and understanding of Caring Science to inform our notion of quality care and healing environments. Currently there are over 400 hospitals throughout the USA with many other partner Healthcare systems globally using the WCSI theory. There are now over 350 WCSI trained practitioner leaders or 'Caritas Coaches®' throughout the world. Texts on Watson's theory of caring is taught in Universities worldwide and translated into over 8 languages.