

Hosts, Priestesses, Practitioners, and Co-Founders

ARTEMIS: SACRED JOURNEYS

Mary Rockwood Lane PhD, RN (Healing with the Arts)

and

Lisa Rasmussen MFA (Harmonia Institute)



What would it be like to spend 9 days rediscovering, revering, and honoring the Divine Feminine within your Self?

**ARTEMIS sacred JOURNEYS GODDESS PILGRIMAGE WITH DR. JEAN
WATSON IN THE CYCLADES ISLANDS
TINOS, DELOS, AND MYKONOS Greece**

JUNE 8 - 16, 2019

Special Guest and Teacher, Transformational Nurse Theorist and Nursing professor /High Priestess Jean Watson ~ Dr. Jean Watson is Distinguished Professor and Dean Emerita, University of Colorado Denver, College of Nursing Anschutz Medical Center campus, where she held the nation's first endowed Chair in Caring Science for 16 years. She is founder of the original Center for Human Caring in Colorado and is a Fellow of the American Academy of Nursing; past President of the National League for Nursing; founding member of International Association in Human Caring and International Caritas Consortium. She is Founder and Director of non-profit foundation, Watson Caring Science Institute. Jean will be teaching, lecturing, and diving deep into the mystical tenants of her Caritas practices.



WE HIGHLY SUGGEST TO ARRIVE ON JUNE 7 AND DEPART ON JUNE 17, 2019

Pilgrimage Steps and Itinerary
Artemis Sacred Journeys Priestess Pilgrimage

You've heard the call and felt the soul stirrings within you. Now precious one, *it is your time*. We wholeheartedly **WELCOME** you to our 3rd Annual Artemis Sacred Journeys, Artemis Priestess Pilgrimage and Retreat. We are so elated and honored that this year's heroine's journey will be illuminated by the lantern of Dr. Jean Watson and by her heart centered Caritas teachings.

Our integrative Retreat is a rich and empowering journey of reverence to the Divine Feminine in all that is. We as a group dive deep into a transformative sacred experience, through sacred sites, nature, art, yoga, ritual, archetypes, history, essential oils, local cuisines, community, breakthroughs, and so much more.

Pre Pilgrimage

Process of Asking a Big Question

As you are making preparations for your pilgrimage start the journaling process of focusing on a central question or two. Like pilgrims to the ancient Oracle at Delphi and the Oracle at Delos, you must come bearing questions, with the hope that the meditations, contemplations, dreams, art making, and rituals on your journey may offer some Answers.

Sometimes things do shift, so it is a living document.

Please feel free to e-mail Lisa with any and all questions at artemissacredjourneys@gmail.com

Pre Checklist

Hotels booked at Golden Beach at www.GoldenBeachhotels.com for 6/8 -6/14 and book Mykonos Hotel near the Windmills for the 6/14-6/17

Email hotels to schedule pickup at the Port Tinos and Mykonos

Booked Ferry Tickets and or Know the Ferry Schedule

Overview ~Things to bring and Suggested Reading PDF

****Get trip and travel insurance at <https://www.travelinsured.com>. If you wish to speak to them directly call 800-243-3174**

****If you are renting a car in Greece you will need to get an International Driver's License at your local AAA or at <https://www.aaa.com/vacation/idpf.html>**

Tips from Mary and Lisa: It is wonderful and meaningful to room with someone if you want to share a room please email Lisa at artemssacredjourneys@gmail.com and she will connect you with a roommate. **Tips from Lisa:** flying into Mykonos was one of the easiest travels I have done. It is a small airport and you can either have your hotel will pick you up at the airport if staying in Mykonos. Or you can take bus to the port to hop on the ferry to go to Tinos. As well as if you are flying into Athens, a bus will take you to the port of Rafina from the airport.

Let the Journey Begin

June 7th, 2019

Friday: Suggested Arrivals Golden Beach Hotel on Tinos.

Arrive from Athens or Mykonos by ferry to the port of Tinos. You are greeted and transported to the Golden Beach Hotel your Cycladic island oasis for an amazing week of discovery, empowerment, knowing, reclamation, and transformation. Today is a time acclimate to relax, BE, breathe, feel the elements, and connect with your Goddess Hive. The energy of land is palatable. Today is all about settling in and connecting the land. Pay close attention to wind, she has secrets and mysteries to reveal.

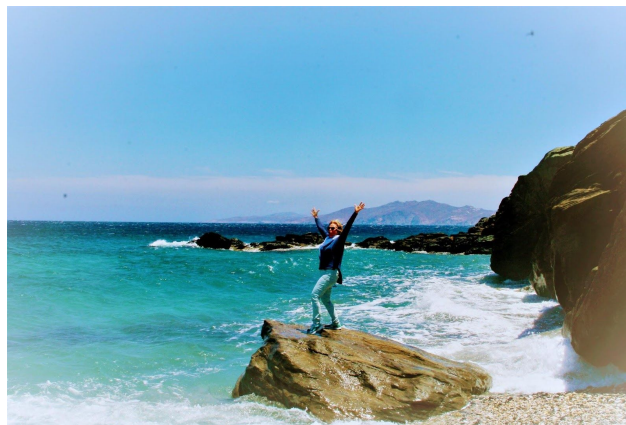
Saturday: June 8, 2019

Portal I

Preparation and Entering the Sacred Temple (Your Body & Your Heart) & Together We Co-Create Our Artemis Sacred Circle and Caritas Community.

"The elements that make nature tick — magnetism, water, stone, sacred geometry, sacred measure, sound — converge at sacred sites. By carefully blending these principles together, it is possible to open a portal of connectivity to other levels of reality. It is even possible to apply the same principles today to construct a temple wherever you are. And that is precisely what our ancestors were up to when they created a grid of tens of thousands of temples all over the world."

~Freddy Silva



Intention: Shedding Old Patterns, Stories, and Evoking Protection

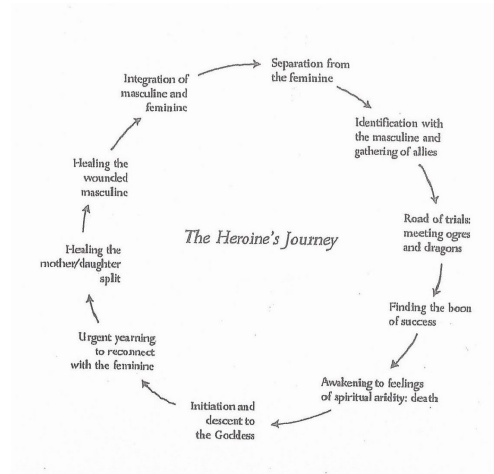
Archetype is the Initiate ~ Heroine's Journey

Open up to the Infinite Limitless Possibilities, Ancient Wisdoms, and Transformative Breakthroughs.

****Awareness of archetypes dates back at least to the time of [Plato](#), who called them Forms. Plato believed that these eternal Forms were reflected in material objects. The Form of Beauty, for example, is abstract and applies to all beautiful things; as different as the individual manifestations of Beauty may be—a beautiful person, horse, or flower—the Form itself never change.**

The Hero archetype is also a classic figure in ancient Greek and Roman literature, often portrayed as one who must confront an increasingly difficult path of obstacles in order to birth his manhood. Today this archetype holds a dominant position in the social mind as an icon of both male and female power, from the Superheroes of comic books, such as Superman and Wonder Woman, to television and countless movies and popular novels. In the classic Hero's Journey, defined by Joseph Campbell and others, an individual goes on a journey of initiation to awaken an inner knowing or spiritual power. The Self emerges as the Hero faces physical and internal obstacles, confronting the survival fears that would compromise his journey of empowerment and conquering the forces arrayed against him. The Hero then returns to the tribe with something of great value to all. Source

<https://www.myss.com/free-resources/sacred-contracts-and-your-archetypes/archetypes/>



Heroine's Journey Arc by Maureen Murdock

More at <https://heroinejourneys.com/heroiness-journey/>

***9:00 am** Traditional Greek Breakfast Buffet at Golden Beach Hotel

Bask in the sun, swim and connect with the gorgeous Aegean Sea. Take a beach walk, Rest and renew. Our Golden Beach faces directly towards the sacred island sanctuary of Delos. Take a walk to downtown Tinos it is about 20 minutes away and around five minutes in a cab.

Tips from Mary and Lisa: While staring at the Aegean Sea look to your left and you will see a giant pyramid mountain. This is said to be the temple of Isis from Egypt. Many Ancient Greeks were trained in the ancient Egyptian Mystery Schools. You can also take a little hike to the top of this mountain to breathe in the gorgeous vista.

Tips from Lisa: Wake up at dawn and take a meditative beach walk, taste the nectar of the Aegean sea in the silence and clarity of the morning in Tinos.

Day 1 Schedule

3:30 pm: Journey around the Circle Introductions and Intentions Meet at the Artemis Art Studio Room at Golden Beach Hotel/Mary and Lisa overview of the Pilgrimage.

- Our stories: Each Retreat guest will tell a short story about their connection to the Divine Feminine, the Goddess, the Caritas Teachings and or an Arts & Healing Experience. Gifting of the stone from Tinos.

****Jean Watson opening the circle with introduction and Caritas guided meditation**

Local Tinos Delectable Gastronomy

***5 pm Walk the Beach to the Salt Restaurant with a gorgeous vista of the Aegean Sea – Welcome Dinner celebration**

"The circles of women around us weave invisible nets of love that carry us when we're weak, and sing with us when we are strong." — S.A.R.K.



7:30 – 9:00 pm (flexible potential 8-10pm) Artemis Art is Life Studio Workshop. Lisa will facilitate is a 3 step Transformative Art workshop ~ 1. Short Letting go Art Ritual Creative Writing. Create letting go bundles for bonfire at our Celebration dinner after our Artemis Priestess Initiation. 2. **Intuitive mandala dance painting** on raw canvas, create your own sacred site and portal to higher states of consciousness. 3. Create an empowering Artemis essential oil blend for purification & protection. Artemis resides in your throat chakra. She gives form to your authentic expression.

Sweet dreams. Incubate a dream by writing an intention or question upon a piece of paper and place under your pillow. Upon awakening write down everything you can recall. Then re-read or share your dream with someone. Jot downs any insights, aha's, symbolism, and metaphors.



Sunday June 9, 2019

Portal II Purification

Walking the Path of the Pilgrim with Self Love, Compassion and Kindness

Sacred Site Day Trip: Pilgrimage to the Church/ Panagía Evangelístria tēs Tēnou & discovering and exploring downtown Tinos.

Carita Practice: Intention Loving Kindness for Self and the Practice of loving-kindness and equanimity

Archetype the Greek Goddess Gaia - (Matriarch, Mother Nature)
Grounding, Mothering, Nurturing, and Earthing (Root Chakra)

The Mother is the life-giver, the source of nurturing and nourishment, unconditional fountain of love, patience, devotion, caring, and unselfish acts. This archetype is the keeper and protector of life, from children to the family to the greater Mother Nature archetype whose province is the Earth and all life. Mother Nature, also known as Gaia, is the Goddess of Life, the caretaker of the living environment of this planet. She is recognized as powerful, and when storms leave death and destruction in their wake, she may be referred to as wrathful. The power of compassion and the endless capacity to forgive her children and put them before herself are essential to the Good Mother. The Devouring, Abusive, Abandoning, and Working Mother each represent different aspects of this primal archetype within the entire human community. Source
<https://www.myss.com/free-resources/sacred-contracts-and-your-archetypes/appendix-a-gallery-of-archetypes/>

Day 2 Schedule

8:00 – 9:00 am Yoga, Art, and Essential Oils Harmonia Practice with Lisa. Embodying the Caritas Practice of loving-kindness and equanimity for Self and Archetype of the Mother/Gaia. Within the practice we will create a Tree of Life Mandala paste into place in your art journal. Color Therapy association is Red, Root Chakra location is at the base of your spine or tail.

9:00 am Traditional Greek Breakfast Buffet at Golden Beach Hotel

Orientation – Reflections - Share Intentions

Sacred Teachings Jean Watson and Sister Goddesses

12:00 pm Pilgrimage to the Epic Panagía Evangelístria tēs Tēnou.

History, Pilgrimage, how to enter the sacred space, evocation, and walking
Meditation ascension on the red path to Greece's miracle healing church: Panagía Evangelístria tēs Tēnou. Purification Ritual light a candle for ancestor, a loved one, bless yourself and collect water from the sacred spring at the base of the church. And ask for a miracle from the Divine Mother. Together we will walk the ascension path in silence in devotion to the Madonna and bath in HER light and bless your inner being with HER sacred waters.

Tips from Mary and Lisa: on the way up to the Church you can buy small bottles to take some of the sacred spring water with you and candles to honor loved ones to light in the church. Also, bring a water bottle for hydration and hat is good idea.

Sacred and Historically speaking the Church is built on an ancient temple to the Greek God of pleasure, ecstasy, and wine ~ Dionysius. The spring was most likely dedicated to local nature spirit.

As well as this sacred site most likely resides on a powerful lei line, an electromagnetic power spot in the Earth/Gaia. The ancients built sacred sites and temples on these power spots to create portals, that would amplify their mystical connection with the Earth and Stars. Most likely this place was holy sanctuary for the Goddess for over a millennium, before the Greek pantheon came to be. We as pilgrims will transcend time and become curious with the juxtaposition of the transformation of the sanctuary of Goddess, to the temple Dionysus, to the Church of the Panagía Evangelístria tēs Tēnou. Our Lady of Tinos is a famous sanctuary and pilgrimage site for the sacred icon of Mary, which was founded in 1822. There the Virgin bestows illumination, healing, Miracles, and salvation to 10,000's of her devotees.

Local Tinos Delectable Gastronomy

***2pm Special: Lunch** at a local Restaurant in and around Church Street in Tinos

•Late afternoon free time to explore L. Downtown Tinos has amazing little side streets and alleys that house many treasures. There are some wonderful boutiques for clothes, art, sweets, and so much more. Church Street is primarily filled with mostly tchotchke. Or grab a Greek coffee and some delicious pastry and people watch at the old port. Shop in town for supplies, talismans, and souvenirs. Find somethings that you will adorn yourself with for the Priestess initiation and the mask you will create. (Most of the rooms have small kitchenettes to store water, snacks etc...) Walk back or hop in cab to the Golden Beach hotel.

Tips from Mary and Lisa, Tinos is famous for. Many of the shops close for siesta till around 4:00pm.

Lisa Tips: Take a trip to the Tinos Grocery store, stock up on water, snacks, and any food you might want to cook in studio.

Shopping

Tinos is famous for pungent capers, creamy cheeses, olive oil, and the fiery local *tsiporo* liqueur. Marble sculptures, lace, and so much more.

Nostos (tel. **22830/22-208**). Everything here -- the ceramics, wood work, jewelry, weavings -- is handmade, and just about everything will make you start plotting how you can fit it into your suitcase. The owner, Litsa Malliari Toufekli, is a painter and many of her haunting scenes of Tinos, done on old wood panels, are on view. <https://tinosecret.gr/en/listing-item/nostos-shop/>

• **Dinner on your own or with the hive.** Getting back to Golden Beach Hotel either walk it is about 20 minutes or hop in cab from 5 Euro

Suggestions

Grab a bite at the Golden Beach hotel or buy some snack at the local grocery store.

Marathia Restaurant: Influenced by traditional cuisine, Marathia experiments using local, family recipes, keeping the very nature and flavors of the Cyclades in general, and especially the Tinian cuisine unaltered <http://www.marathiatinos.gr/>

Where: Agios Fokas Phone: 22830 23249, Marino Souranis (It is 19 minute walk from the Golden Beach)



- **7:00 pm Evening Transformative Harmonia Art workshop** ~ Goddess Sculptures & Gaia Mandala, Essential oil, and simple yoga/breathe work (inspiration bird talismans) Lisa. Made from plaster paris, found materials, and acrylic paint.



The Art History of Bird Sculptures. In many of the matrilineal ancient civilizations like in Delphi Greece thousands of these bird talismans were found. They were created to revere and honor the Goddess. As well as if you look at them symbolically as a power object it could symbolize spiritual flight to higher states of consciousness and being. *Clay figurines have been found at sites across the Mycenaean **empire**, dating from the 14th to 12th centuries BCE and remarkably similar in design. Highly stylized to the point of being almost unrecognisable as human forms, the figures are most commonly female and standing, probably representing a nature goddess. Often these figures have two arms raised or crossed in front of the chest, a long skirt, and a conical headdress. They are simply decorated with bold lines and sometimes jewellery is also painted on the figure using simple dots.* Source https://www.ancient.eu/Mycenaean_Art/

Sweet dreams. Incubate a dream by writing an intention or question upon a piece of paper and place under your pillow. Upon awakening write down everything you can recall. Then re-read or share your dream with someone. Jot down any insights, aha's, symbolism, and metaphors.

Monday: June 10, 2018

**Portal III Purification into Authentic Presence
Contemporary and Ancient Wisdom Teachings. Artemis Symposium**

Caritas Teaching and Intention: Authentic presence: enabling deep belief of other (patient, colleague, family, etc.)

Aligned Archetype of the day is Athena and yellow Solar Plexus Chakra. Greek Goddess of Wisdom and War. **Athena**, also referred to as **Athene**, is a very important goddess of many things. She is goddess of wisdom, courage, inspiration, civilization, law and justice, strategic warfare, mathematics, strength, strategy, the arts, crafts, and skill.

Day 3 Schedule

8:00 – 9:00 am Yoga facing the Aegean Sea with Maie

9:00 am Traditional Greek Breakfast Buffet at Golden Beach Hotel

Sacred Teachings/ Jean Watson High Priestess Oracle ~Sacred Union: Uniting Divine Feminine/Divine Masculine – Within and between

12:00 – 3:00 pm Group Presentations - Offerings to the Divine Feminine
Ritual Circle Facilitated by Marian Turkle

****Lunch and Dinner** with the Hive.

6-8 pm Divine Energy Lecture- Sacred Sites Energy by Joyce

8:00-10:00pm Open Studio

Sweet dreams. Incubate a dream by writing an intention or question upon a piece of paper and place under your pillow. Upon awakening write down everything you can recall. Then re-read or share your dream with someone. Jot down any insights, aha's, symbolism, and metaphors.

Tuesday: June 11, 2019

**Portal IV
Devotion to Being in Your Power. Caritas Practice of Cultivation of one's own spiritual
practice toward wholeness of mind/body/spirit—beyond ego**

Sacred Site Day Trip & Ritual: Kionia Amphitrite & Poseidon Sacred Site Ceremony

Caritas Practice and Teaching: Cultivation of one's own spiritual practice toward wholeness of mind/body/spirit—beyond ego

Archetype Goddess Aphrodite & Amphitrite – Aspects of the Divine Feminine Sensuality, Love, Beauty, Multi- Sensory Passion and Relationships (Sacral 2nd Chakra) Color Therapy association is orange, location in your Chakra system the womb.

Day 4 Schedule

8:00 –9:00 am

Yoga, Art, and Essential Oils Harmonia Practice with Lisa. Embodiment of the Caritas Practice Cultivation of one's own spiritual practice toward wholeness of mind/body/spirit—beyond ego through the Goddess Archetype Aphrodite. Via Harmonia Yoga, Art, and Essential oils on the Beach/Meditative Beach Walk. Within the practice we will create a mandala depicting you as one with ocean/Aegean Sea.

9:00 am Traditional Greek Breakfast Buffet at Golden Beach Hotel

Sacred Circle – Ritual: Being/Becoming Self: Trust, Faith and Forgiveness
Purification Releasing Ritual eco art offering to the Goddess of the Sea.

Sacred Teachings By Jean Watson: The Oracle : 'She Who Speaks'

11:30 am Pilgrimage to Kionia Ritual – Healing Sanctuary -The Divine Feminine and Divine Masculine (Ritual and Communing/experience with Amphitrite and the Aegean Sea)

Aphrodite/Amphitrite Ceremony and Ritual.

Just like the ancient pilgrims to Delos, while on Tinos we will purify our mind, body, and souls at Kionia, which was a temple dedicated to the Amphrite (the local Goddess of the Sea or Nature Spirit) and God Poseidon.

Historically speaking the temple of Poseidon and Amphitrite stands, one of the **most important sites of worship of the ancient Greeks, which was closely connected with the development of the ancient town of Tinos. Stravon mentions Kionia, considering the temple "great and worthy of a goddess". Its reputation reached Italy and Asia Minor. Kings, generals, and simple people came here in order to make sacrifices and purify themselves before they visited the holy island of Delos. The original temple in the grove was replaced in the middle of the 4th century B.C. by a larger temple in the Doric style, built using local materials and decorated by sculptors from various places. In the 3rd century B.C., the sanctuary was rebuilt and its fame spread. In that period of time, the worship of Amphitrite, wife of Poseidon, established itself; she was worshipped for her ability to heal women who could not bear children. Along with the worship of God, who was also called Healer, the sanctuary gained great fame as a centre of healing.

Beforehand Quick stop the archaeology museum, which house the artifacts from the ancient temple of Kionia.

Ocean Water Purification swimming in the Aegean across from the temple at Kionia beach.

Local Tinos Delectable Gastronomy

Late Lunch on local Taverna in Kionia on the Terrace

7:00 pm Transformative Mask Making Workshop with Lisa. Bring ornamentation for your mask from home or things that you find in Tinos.

Sweet dreams. Incubate a dream by writing an intention or question upon a piece of paper and place under your pillow. Upon awakening write down everything you can recall. Then re-read or share your dream with someone. Jot down any insights, aha's, symbolism, and metaphors.

Wednesday, June 12, 2018

Portal V Entering the Mystery - Becoming the Vessel
"Being" the caring-healing environment. You are the sacred site.

Caritas Practice and Teaching: "Being" the caring-healing environment. You are the sacred site.

Archetype Goddess: Asteria the Green Heart Chakra. Operate from the Heart Center ~ Imagine you are connecting with the core of Mother Earth. Grounding. Align your heartbeat with HERS! Starry, Falling-Star. ASTERIA was the Titan goddess of falling stars and perhaps of nighttime divinations such as oneiromancy (by dreams) and astrology (by stars). She was the mother of Hekate (Hecate), goddess of witchcraft, by the Titan Perses. After the fall of the Titans, Zeus chased Asteria across the sky but she escaped him by transforming herself into a quail and leaping into the sea to become the island of Delos. She is probably the same as Brizo, an obscure Delian goddess who delivered prophetic dreams. She offered her being and transformed her self into the sacred island of Delos, the only place on the Earth where Leto birthed Artemis and Appollo

Day 5 Schedule

8 – 9 am Yoga, Art, and Essential Harmonia Practice with Lisa. Embodying the Caritas Practice Creating a Healing Environment within your heart with the archetype of Asteria. Within the practice we will create your deepest hearts desire mandala, your inner space for the sacred.

***9:00 am Traditional Greek Breakfast Buffet** at Golden Beach Hotel

Day 5 Schedule

FREE Sacred Space Day for Reflections and prayer

Preparing your mind/body/spirit for the Artemis Initiation

Open Studio All Day to decorate your mask, make wreaths and costumes preparing for the sacred Artemis Priestesshood pagentry.

Those who are called to create the Artemis Altar at the Sacred Artemis Springs at Mary's sanctuary for our Artemis Priestesshood inniation.

****Meals on your own or with the Sisterhood Hive**

Sweet dreams. Incubate a dream by writing an intention or question upon a piece of paper and place under your pillow. Upon awakening write down everything you can recall. Then re-read or share your dream with someone. Jot down any insights, aha's, symbolism, and metaphors.

Thursday, June 13, 2019

Portal VII Initiation Becoming Your Light ~ Inner Medicine, Priestess, Woman & Oracle.
Allowing miracles (openness to the unexpected and inexplicable life events)

*Epic Initiation Process becoming a High Priestess of Artemis

The moon is Waxing gibbous. People often see a waxing gibbous moon in the afternoon, shortly after moonrise, while it's ascending in the east as the sun is descending in the west.

Sacred Site Day Trip: Priestess Initiation and Celebration at Mary's house in the mountains.

Caritas Practice and Intention: Allowing miracles (openness to the unexpected and inexplicable life events)

• **Archetype Goddess Artemis** ~ Goddess of Light and Protector of the Vulnerable

In Greek mythology Artemis (also known as the Roman goddess Diana) was the daughter of Zeus, the mighty ruler of the Olympian gods. Artemis' mother, Leto, gave birth to Artemis after a short and painless labor. But then Leto's labor continued, with her contractions growing weak and painful. Moved to compassion, the infant goddess Artemis, born only a few minutes earlier, became her mother's midwife and delivered her twin brother Apollo. You could say that, of all the Greek goddesses, the goddess Artemis was literally born to serve as a nurturer and protector!

The Greek goddess Artemis was frequently called upon to nurture her needy and somewhat ineffectual mother. All too often she felt compelled to come to her rescue even though Artemis received little from her mother in return. As a result of her having caused her mother no pain in childbirth, and her successful role as midwife in her brother's birth, Artemis naturally became the patron saint of childbirth, the protector of children, and the goddess who especially heard the appeals of women.

The goddess Artemis was always responsive to the needs of the vulnerable and the suffering. She was quick to defend the powerless from unjust treatment at the hands of the Olympian patriarchy; it is not surprising that in current times Artemis is seen as the "feminist" goddess. Source

http://www.goddessgift.com/goddess-myths/greek_goddess_artemis.htm (5th Throat Chakra, Color is Blue)

Day 6 Schedule

8:00 -9:00 am Yoga with Maie

9:00 am Traditional Greek Breakfast Buffet at Golden Beach Hotel

The Oracle speaks To each Participant

Sacred Private Teachings with Jean Watson

Alone 5 – 10 minutes

• **11:00am go to Mary's house in the Mountains for Priestess Initiation.**

Goddess wear white - flowers, head wreath, sacred objects

Jean Watson – Ron Lesinski High Priestess/ Hierophant
Co create the ceremony to initiate each person- Male and Female
Prepare songs or chants to sing during possession to the Spring
Create Circle at the Spring

Libations, Celebration, and Snacks afterwards at Mary's House

Local Tinos Delectable Gastronomy

Return to Golden Beach Hotel for .

• **Dinner and Bonfire: Golden Beach Music & Dancing Celebration/Group**

Art Project. As well as everyone will have an art installation showin their artworks created over the Retreat.

June 14, 2019

Portal VIII Walking the Talk

**Reflect on your Artemis Priestess Inniation and how will you walk the talk in the world.
How have you transformed? What are being called do? To BE?**

Caritas Teaching and Intention: A relational caring for self and others based on a moral/ethical/philosophical foundation of love and values

Friday – Island Travel Day

***Breakfast**

***Transportation from the Golden Beach to the Port for the Ferry**

***Mykonos ferry**

Check in new hotel in Mykonos

All meals on your own or with your Artemis Sisters

Afternoon Artemis Meetup

Lisa Tips: Mykonos is lovely town. It is like a labryinth with delightful stores and cafes. "Little Venice" is one of the most authentic symbols of the city of Mykonos, a town built as a labyrinth to maze pirates and foreign conquerors! Grab a seat at one of the local cafes on the water near the windmills and gaze into the gorgeous sunset.

June 15, 2019

Portal IV Downloading the Cosmic Light Matrix and the Crystalline Grid (Heaven on Earth) into your DNA

Caritas Teaching and Intention: Transpersonal caring relationship (going beyond ego to higher "spiritual" caring created by "Caring Moments")

• **Sacred Site Epic Pilgrimage to Delos**, Art Ritual, and award winning private tour guide to the Sacred Site. Our guide is Yorgos, he is the co-author the book, The Island of Miracles ~ Delos.

• **Archetype Triple Goddess** (Artemis,Leto, Astaria) and the Light Matrix. Chakra is the 6th (Third eye)

Delos had a position as a holy [sanctuary](#) for a [millennium](#) before Olympian [Greek mythology](#) made it the birthplace of [Apollo](#) and [Artemis](#). From its Sacred Harbour, the [horizon](#) shows the three [conical](#) mounds (*image below*) that have identified landscapes [sacred](#) to a [goddess](#) in other sites: one, retaining its [Pre-Greek](#) name [Mount Kynthos](#),^[1] is crowned with a sanctuary of [Zeus](#). Established as a

cult center, Delos had an importance that its natural resources could never have offered. In this vein [Leto](https://en.wikipedia.org/wiki/Delos), searching for a birthing-place for Artemis and Apollo, addressed the island: Source <https://en.wikipedia.org/wiki/Delos>

Day 7 Schedule

9:00 am Ferry to Delos we will all gather at the Delos Ferry port

- Pilgrimage and Private Tour with Yurgos Voulgaris. Who has been a tour guide on Delos for over 30 years and he is the co-Author of the book, Delos the Island of Miracles: How Delos Can Help You Find a Miracle, Become Your Own Oracle, and Change Your Life. Read more [HERE](#).

Highlights

Returning to the Temple of Artemis and the Oracle.

Jean take seat in the Oracle/Teacher temple

Repatterning the Bodies Light Matrix in the Sacred Lake, where Artemis and Apollo were born

Delos archaeological museum

Bringing to Light Taking place as Priestess in the Goddess/Hermes cave.

3:00pm Departure ferry from Delos to Mykonos

Mary and Lisa Tip: Make sure to bring water, a hat, some snacks for lunch to Delos. After we do our meditation at the sacred lake, we will have our lunches.

Local Mykonos Delectable Gastronomy

***Mykonos Lunch at the Captain's table on the old port**

Nap time

Night time Celebrations: Dionysian Party on the beach. Beach clubs in Mykonos.

June 16th, 2019

Departure

Portal VIII Closing the Circle ~ Walking the Talk of the Priestess and Oracle.

- Morning Mykonos Gathering, Process, and Farewells.
- Closing the Circle and Departures

Ferry / Airports

Good Bye Beautiful Priestesses/High Priests – Partners