



*Hawaii Association of Professional Nurses
Caring Science Consortium
November 6, 2021
9am HST, 12pm PST, 1pm MST, 2pm CST, 3pm EST
Free Webinar*

*The Dance of Transpersonal Presence in Healing Caring Moments:
Transforming Ways of Knowing and Relationship with Self and Others
Lynne Wagner, EdD, MSN, RN, FACCE, CHMT, Caritas Coach*



**Dr. Joseph Giovannoni and Dr. Marlienne Goldin
Invite you to this special event. Join the Zoom link below:**

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A. Lynne Wagner, EdD, MSN, RN, FACCE, CHMT, Caritas Coach®

Dr. Lynne Wagner is a Caring Science Scholar, Watson Caritas Coach, WCSI Faculty Associate, and Nurse Educator-Consultant. Her long varied nursing career, that spans over 50 years, includes clinical nursing, Staff Education, Family Nurse Practitioner, private practice for Lamaze Childbirth Education, and with over 20 years in Nursing Education, honored as Professor Emerita. She presently is engaged in mentor programs, presentations and workshops on Caring practices. Her research and publications focus on a caring mentoring model for nursing; how nurses develop caring-self; reflective practice of journaling and storytelling; aesthetic ways of knowing, using story, poetry, & photography. Her 2015 book, entitled, *Four Seasons of Grieving*, received the ANA Book of the Year 1st place in Palliative and Hospice category. In 2018, she was awarded the ANA Massachusetts annual Nurse Mentoring award. She is co-founder and leader of the Massachusetts Regional Caring Science Consortium that offers programs for nurses to explore caring practices together. Dr. Wagner is a published poet.

The Dance of Transpersonal Presence in Healing Caring Moments: Transforming Ways of Knowing and Relationship with Self and Others

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Through the lens of Watson’s Caring Science, “what you hold in your heart matters” (Watson, 2008, p. 189). Healing-caring for self and others with authentic transpersonal presence requires a humanistic, moral-ethical philosophy and a loving covenant to care for self and humanity without ego. These values enable us to be intentionally, compassionately present in the moment to hear, understand, and respond without judgement to our own and others’ stories and needs; to lovingly hold healing space for those suffering; to creatively sustain human dignity and wholeness. This “Caring Moment” experience—a heart-centered spirit to spirit connection of shared humanity, a dance between two human beings—creates an inner shift of authentically “seeing” and honoring the unique experience of being with a person with mindful healing presence and creative healing-caring practices (Watson, 2008). Each person changes in the process. This way of “being with” requires a reflective practice, multiple ways of knowing, and a caritas consciousness of vulnerability and human dignity.

Transpersonal presence fosters an “ethic of face and belonging” (Levinas, 1969). Human experiences shape body-mind-social-spirit wellbeing and relationships. Health, social, ethnic, economic, and belief status can create a sense of non-belonging and separation for individuals and groups. Feelings and perceptions of vulnerability are often difficult to verbalize and can create barriers to both giving and receiving healing-caring. Openness and intentional loving presence to vulnerable persons in our care foster opportunities of caring moments that transcend barriers and promote healing transformative connectedness, growth, discovery, and increased resiliency. Storytelling/listening and multiple ways of knowing expand and humanize our empirical knowing, enriching the relationship. This multimedia and interactive presentation will explore the importance of being present to self through reflective practice and exemplars of transpersonal caring moments through story and aesthetic expressions that capture a renewal of the heart, hope, and mystery of healing-caring nursing practices.