ABSTRACT

Creating a caring, healing environment is an integral aspect of the nursing profession. Dr. Hernandez’s 23-year nursing path embodied a passion for caring as a moral imperative, caring leadership, and the value of creating caring, healing environments. Thus, leading her to consider the key aspects that have influenced her research interests and Caring Science journey. The essence of creating a caring, healing environment is the “the embodied, caring-loving consciousness engaged in informed, moral actions and practices.” When nurse leaders own their practice and consciously create caring, healing environments their efforts visibly affect their staff, practice, and their environment. During this presentation, Dr. Hernandez will share her lived experience creating caring, healing environments using Watson Caring Science as a framework to engage heart, mind, and heart.