



## WCSI Global — Country Groups

### Charter

*Expanding Watson Caring Science through research, praxis, education, legacy & leadership, envisioning new possibilities for transforming nursing and health care.*

### Introduction

Watson Caring Science Institute (WCSI), a non-profit 5013c corporation based in the United States have a special program called **Country Groups**. This program started in Latin America and expanded to Ibero-America (LIA Groups), which consists of 13 Spanish and Portuguese speaking Country Groups. After much success in supporting our fellow nurses through WCSI LIA, we now invite other countries to join us as we build and expand on the lifelong work of Dr. Jean Watson / Unitary Care Science and Human Caring Theory.

**Country Groups** are an interdisciplinary group of nurses and health professionals within a specific geographic area (country), generating new forms of academic knowledge, education, leadership and clinical practice. Country Group members share the personal and professional values of Caring Science, with a commitment to maintaining humane care, healing and health for all. Country Groups are part of the programs of WCSI Global, an arm of Watson Caring Science Institute, a 501c3 nonprofit organization based in the U.S.

### Country Groups: Vision and Mission

Country Groups are considered a beacon of caring science knowledge to improve the maintenance of human care and healing within their regional communities radiating to the world. The mission of Country Groups is to create caring and healing communities based on the timeless universal values and practices of Caring Science that promote the advancement of the art and science of knowledge, ethics, education, the praxis of unitary caring in nursing, health and healing professions. By working together, we expand the mission, values and goals of Watson Caring Science.



Watson Caring Science Institute 1701  
W. Hillsboro Blvd., Suite 401 Deerfield  
Beach, FL 33442 USA  
+1 954-508-1115 [info@watsoncaringscience.org](mailto:info@watsoncaringscience.org)  
[watsoncaringscience.org](http://watsoncaringscience.org)  
We are a 501c3 non-profit organization.  
Tax ID# 26-0803334



## Purpose of this Charter

### The main purpose of the Country Groups Charter:

- To expand diverse ways of giving life to Watson's Unitary Caring Science and the Theory of Human Caring, in community, in academic, clinical and in leadership environments supporting and learning from each other.
- To build spaces to share and spread experiences of leadership, knowledge and to guide oneself and others on the path to wisdom, fully living the philosophy and theory of Watson Unitary Caring Science in one's personal/professional life.
- To spread and innovate with new patterns of delivery of Care in policies, systems, organizations and society (communitas).
- Offer ongoing development options in Unitary Caring Science and Human Caring Theory.

### Country Group meetings:

- Provide an intimate place to renew, restore, and deepen each person, organization's, and organization's commitment and authentic practices of human caring/healing in their personal/professional lives.
- To learn from each other through shared work of original creation, diverse forms of affective inquiry, and modeled caring-healing practices.
- To guide self and others in using and extending the concepts of Unitary Caring Science and Human Caring Theory to transform research, education, clinical practice, and leadership.
- To develop and disseminate caring science models of clinical studies and professional excellence within communities, locally, and globally.

### Recommended structure for Country Groups.

A Leadership Council is formed to facilitate the operational and strategic needs of the Groups. It is suggested that this council be made up of:

- Coordinator/president, Vice-coordinator/president, Secretary, Members, Area Managers, (executive group of between 8 and 10 professionals), elected by the members of the general group for three-year terms.
- Each country will be legally organized according to its rules and regulations, such as Foundation, Association, Network, Group, or other.
- A more specific outline of roles, responsibilities, terms of service, rotation within and outside the groups and duties, which will be evaluated annually.
- The Groups will send an annual report and/or a summary of events at the end of



Watson Caring  
Science Institute

each year, or/and at the request of the Director of WCSI Global, to share knowledge.

- Members of Executive Groups invited to become members to act as caretakers of WCSI. Membership is personal and fees are adapted to each country.
- WCSI agrees to sponsor and support Country group events and meetings as deemed appropriate.

### **Meetings description (suggested model)**

Members and guests of Country Groups meet at least three times a year, virtually or in person, as sponsored by members who request to host the meeting in their setting, including coordinating online attendance. The individual/group/institution and their representatives will serve as the lead organizing/agenda-setting body for the meeting in collaboration with the leadership council.

## **Country Group Responsibilities with WCSI**

Country Groups are an Internationally recognized arm of WCSI and therefore will have fluid and dynamic communication through WCSI Global Director.

Country Group Coordinators/Presidents will have quarterly meetings with the WCSI Global Director.

### **Responsibilities/Activities for the meetings**

- Provide a safe forum to explore, create, and model the self and the system through reflection and renewal.
- Share ideas, inspire each other, and learn together.
- Participate through the use of appreciative inquiry whereby each member facilitates the work of others, and each learns from the others.
- Promote the creation and opportunities for original scholarships, incentives, and new models of clinical, educational, and administrative leadership practices based on caring.
- Generate and share multi-center projects in Watson's Unitary Caring Science.
- Form a network of educational, professional, and community models to promote caring-healing practices and transformative models of care.
- Share unique experiences for authentic personal growth within the context of Unitary Caring Science.



**Watson Caring Science Institute** 1701  
W. Hillsboro Blvd., Suite 401 Deerfield  
Beach, FL 33442 USA  
+1 954-508-1115 [info@watsoncaringscience.org](mailto:info@watsoncaringscience.org)  
[watsoncaringscience.org](http://watsoncaringscience.org)  
*We are a 501c3 non-profit organization.*  
Tax ID# 26-0803334



Watson Caring  
Science Institute  
Latino-Iberoamérica



Watson Caring  
Science Institute

- Educate, implement, and disseminate exemplary experiences and findings to a broader professional audience through the dissemination of academic work and authentic presence.
- Visualize new possibilities for transforming nursing and health care.
- Activate informed moral praxis within an identified community each year that embodies the Unitary Caring Science in action.
- Test new experimental models of demonstration of Unitary Caring Science in academic and/or clinical settings.
- Promote the Unitary Caring Science and Human Caring Theory in Nursing policies at the micro or macro level.

### **WCSI's Responsibilities to Country Groups:**

- WCSI agrees to market, sponsor and endorse events as deemed appropriate, including listing the event on the website, Event Calendar, Newsletters and via our social media platforms. Use of WCSI's zoom possible though not required
- WCSI will include your region and contact(s) information on the website.
- WCSI will host an annual meeting with country leaders to unite and share experiences and learnings.

### **How to Begin:**

For more information on starting a country group, please contact

**Hector Rosso, Director, Global Programs**— [hector@watsoncaringscience.org](mailto:hector@watsoncaringscience.org)

Thank you for being part of this beautiful path of Unitary Caring Science and Human Caring.

*Revised: © WCSI Sept 2024 — Jean Watson, S. Horton-Deutsch, J. D'Alfonso, JG Watson, HRosso  
Fees and responsibilities subject to change. Group leaders will be notified.*

#### **Disclaimers:**

The WCSI Global Regional Group (WCSI-RCC) works collaboratively in harmony with WCSI. All information received from the WCSI-RCC will adhere to [WCSI's privacy policy](#)



**Watson Caring Science Institute** 1701  
W. Hillsboro Blvd., Suite 401 Deerfield  
Beach, FL 33442 USA  
+1 954-508-1115 [info@watsoncaringscience.org](mailto:info@watsoncaringscience.org)  
[watsoncaringscience.org](http://watsoncaringscience.org)  
*We are a 501c3 non-profit organization.  
Tax ID# 26-0803334*



Watson Caring  
Science Institute  
Latino-Iberoamérica



Watson Caring  
Science Institute

## **Values, Principles, Practices, Caritas Processes®**

of Caring Science and Human Caring Theory, developed by ©Jean Watson

- Practice of loving-kindness and equanimity (inner harmony and balance) with oneself and others. “Being in right relationship with Source.”
- Authentic presence (conscious/intentional, honoring/connecting human to human).
- Cultivating one's own spiritual self-practice toward wholeness of body, spirit, and mind, beyond ego.
- Developing/maintaining strong, true, loving relationships.
- “Being” the caring-healing environment.
- Allowing miracles (being open to unexpected and unexplainable life events that have no rational answers).
- Moral commitment to protecting and enhancing human dignity.
- Respect/love for the person — honoring the uniqueness of their needs, desires, routines, and rituals.
- Awareness of caring for self as a person/nurse and others as a person — connection between human beings, not defined as a statistic, object, or disease.
- Heart-centered/healing care, based on the practice and honoring of wholeness of mind, body, and spirit in self and others.
- Intention to “do for” and “be with” another who is in need (Being aware of one's way of being and how to combine nursing science (empirical knowledge and skills) and the science that cares for the integrity of mind, body and spirit, and for the maintenance of human dignity).



**Watson Caring Science Institute** 1701  
W. Hillsboro Blvd., Suite 401 Deerfield  
Beach, FL 33442 USA  
+1 954-508-1115 [info@watsoncaringscience.org](mailto:info@watsoncaringscience.org)  
[watsoncaringscience.org](http://watsoncaringscience.org)  
*We are a 501c3 non-profit organization.*  
Tax ID# 26-0803334



Watson Caring  
Science Institute  
Latino-Iberoamérica