

The Heart of Nursing Is Caring

Caring for Self First

Speaker: Dr. Joseph Giovannoni

Free Webinar

THURSDAY May 29, 2025

1:00 pm-2:00 pm HST,

4 pm PST, 5pm MST, 6pm CST, 7pm EST

Zoom link:

[https://us02web.zoom.us/j/85952289200?
pwd=mf8VLAaZEXEXaJjH1Ail66Lbex9blb.1](https://us02web.zoom.us/j/85952289200?pwd=mf8VLAaZEXEXaJjH1Ail66Lbex9blb.1)



Dr. Giovannoni is WCSI Caritas Coach, Caring Science PostDoc Scholar. In 2016, he was awarded the Hawaii Association of Professional Nurses Leadership Award and the Outstanding Alumni award, University of Hawaii at Manoa School of Nursing 60 Year Gala. In 2019, he was awarded the American Psychiatric Nurses Association Award for Excellence in Innovation-Individual. In 2023, he received the Visionary Watson Caring Science Leadership Award.

Embodying the 10 Caritas Processes TM gives language to what we do as nurses (Watson, 2008). Caritas Process one, “Cultivating the practice of loving-kindness and equanimity toward self and others” begins with self first as we manage job related stress, and develop compassion renewal as nurses address the daily challenges of the profession. Dr. Giovannoni will discuss how he integrated Caritas in his forensic practice to address his stress, and decrease compassion fatigue while working with victims of sexual assault and men who have committed sexually abusive behavior. Embodying and practicing Caritas facilitates better clinical outcomes while supporting victims recovery and holding sex abusers accountable and responsible for their actions.