



## Watson Caring Science Lotus Recognition

The Watson Caring Science Lotus Recognition™ highlights an organization for their authentic commitment and demonstration of values, philosophy, and human caring theory-guided practices of Watson Caring Science. This recognition reflects the organization's caring and healing culture for staff, patients and communities.

This recognition is for hospitals, care homes, or other caring mission led organizations. It is open to unit, department, identified practice area, or program level within an organization. It is not for individuals, but for groups of people.

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### Background of Lotus

The symbol of Watson Caring Science Institute's logo embraces the beauty and simplicity of the universal lotus, a symbol of enlightenment and elevated consciousness throughout history and all cultures.



## An Invitation from Jean

Hello and Welcome!

I am honored to invite you and your colleagues to join us in transforming healthcare from the inside out! The Watson Caring Science Lotus Recognition™ has been designed to showcase the authentic caring and healing already taking place – now let's share it with your colleagues and communities!

This unique Recognition offers organizations a simple, yet profound framework with which to inspire, educate, and honor their most important and valuable resource – people! The 10 Caritas Processes® framework potentiates self-healing, compassion, renewal, purpose and meaning.

The aim of the Lotus Recognition is to bring Caring from the margins to a new center of healthcare excellence. Lotus Awardees are paving the way to the future! This award makes manifest and explicit the value of Caring Science Theory as a professional practice model/curricula foundation, by showcasing documentation and providing evidence in relation to patient/student outcomes, nurse retention, and other successes within your organization and the wider world.

Thank you for your commitment to caring-healing and health for humanity and the planet.

In loving kindness,

A handwritten signature in black ink that reads "Jean Watson" followed by a red heart symbol.

Jean Watson, PhD, RN, AHN-BC; FAAN, LL (AAN)

Founder/Director, Watson Caring Science Institute



Watson Caring Science  
Lotus Recognition™

## How to Apply

Applicants will demonstrate their commitment to Watson’s Caring Science Theory via their Practice or what we call ‘Praxis’. WCSI’s definition of Praxis means: to demonstrate exemplary informed loving kindness within your work.

## Pre Application requirements

To start, please designate an internal coordinator or ‘Lotus Lead’ to assist interested units, (departments, practice or programs) within your organization. The Lotus Lead will collaborate with WCSI’s ‘Program Enrichment Coordinator’ on the recognition process and how to submit applications.

Per applicant, please submit a minimum of three criteria from the Praxis criteria listed below.

## Application Process

We have made this application process in alignment with our values. We want to capture your work in an easy, accessible, and plain language manner. This will contribute to the field of healthcare and how we care for ourselves and each other. Thank you for applying!

Each applicant is requested to submit a **minimum of three (3) criteria** from the 8 criteria listed on the following page.

**Please contact Dianne Reid, Program Enrichment Director, for consultation.**

# The Application Process

1	Please fill out the secure <a href="#">online application form</a> here.
2	Submit <b>three</b> out of eight criteria examples as individual attachments or links (photographs, artwork, poetry, film links, etc. are accepted).
3	After submission, the form will direct you to pay a non-refundable application fee of \$250 (by card).
4	WCSI will send an automated confirmation of application receipt.
5	Our Program Enrichment Director will work with your 'Lotus Lead' to notify you whether the application is successful, or ask for further information (within 4 weeks of submission).
6	Once successful we'll invoice you for \$2,750 and send you a personalized glass Lotus Recognition™ Award, certificate, pins, and information on how to use the WCSI Lotus Recognition™ logo, and other information on press and public relations.
7	We'll help you organize a celebratory event for your team and community which we believe is a key element to this special award.
8	We'll showcase your success via our newsletter, press release, and social media platforms (current reach approx. 250,000 globally).

# Criteria

Per applicant provide **three** criteria narratives of intentional use of Watson Caring Science practices within the past 24 months.

<b>A</b>	Demonstrate how leadership creates a caring healing environment (e.g., environment, pace, noise, music, contemplative area etc).
<b>B</b>	Demonstrate evidence of theory of Watson's Caring Science using one or more of the <u>10 Caritas Processes®</u> as a guide.
<b>C</b>	Provide evidence that illustrate the experience of a Caring Moment for patient or family.
<b>D</b>	Provide evidence of two self-care practices of staff/coworkers/faculty/and or students (e.g., centering, pausing, or mindfulness).
<b>E</b>	Provide evidence that the unit leadership advocates for the dedicated resources to support integration of Watson Caring Science (e.g., Leadership/Board meeting minutes, fiscal budget planning).
<b>F</b>	Provide evidence of care for patients/families involved use of caring-healing modalities (e.g., aromatherapy, sound therapy, guided imagery/relaxation, or other Integrated Health modality).
<b>G</b>	Provide evidence of care for staff/coworkers/faculty/and or students care experiences involving use of caring-healing modalities (e.g., aromatherapy, relaxation, or other Integrated Health modality).
<b>H</b>	Demonstrate how the use of caring arts and humanistic caring is visible (e.g., posters, wall art or other aesthetic visuals).

## Frequently Asked Questions

Please use this page as a reference when presenting to key stakeholders on the Watson Caring Science Lotus Recognition™ process.

**Who:** Watson Caring Science Institute (WCSI) is an international non-profit 501c(3) organization that advances the philosophies, theories and practices of Watson Caring Science. Developed by Dr. Jean Watson, Watson Caring Science is a transdisciplinary approach that incorporates the art and science of nursing and includes concepts from the fields of philosophy, ethics, ecology, and mind-body-spirit medicine. Watson's theory is manifest or 'lived out' through the 10 Caritas Processes® which are 10 universal truths or canons in which to live and work. Our core values of inclusive, diverse, human/eco caring service to humanity and our planet is what underpins the work we do.

**What:** Watson Caring Science Lotus Recognition™ highlights an organization for its authentic commitment and demonstration of values, philosophy, and human caring theory guided practices of Watson's Caring Science.

**Why:** This recognition showcases and celebrates Watson's Caring Science as a professional practice model, which is often used as evidence in Magnet applications or Patient Score improvement methods. It also shines a light on the hidden caring moments which are often not 'seen'.

**Value:** This recognition reflects the organization's caring and healing culture for staff, patients and communities.

**When:** This is an ongoing application process. Applicants will be notified of the outcome 45 days after application is received.

**Cost:** Non-refundable application fee \$250. Successful applicants pay an additional non-refundable \$2,750.

## Terms and Conditions

**Equality and Diversity:** All nominees (once assessed criteria is met) are recognized on an objective and non-discriminatory basis using a procedure that has been approved in advance by the Board of Directors of Watson Caring Science Institute and that has been designed to ensure that all such recognition meet the requirements of paragraphs (1), (2), or (3) of section 4945(g) of the Tax Code.

**Confidentiality:** WCSI shall retain the following records in connection with all Watson Caring Science Lotus Recognition™ applicants: all information obtained by the Institute to evaluate the qualifications of potential awardees; the identification of applicants and their organizations the purpose and name of recognition and any additional information WCSI obtains in complying with its' recognition administration procedures. Information pertaining to all nominees will be kept in confidence. Records pertaining to any recognition made pursuant to this policy shall be kept for no less than three years after the filing of WCSI annual tax return for the period in which the Recognition fee was settled.

**Governance:** Watson Caring Science Institute is an international non-profit 501c(3) corporation through education, practice, research and leadership, Watson Caring Science Institute's mission is to inform, inspire and elevate nurses through its academic and clinical professional programs, focused on deep individual and cultural system change.

**All decisions are final. Questions regarding decision should be sent to:**

**[Dianne@watsoncaringscience.org](mailto:Dianne@watsoncaringscience.org)**



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This document will be reviewed annually. Benefits and fees subject to change without notice.

**[Watson Caring Science Institute](#)**

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**A 501C3 Non-Profit Corporation**