

FOR IMMEDIATE RELEASE

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Watson Caring Science Institute Endorses the Conscious Dying Institute as a Sacred Extension of Human Caring

Endorsement honors CDI's pioneering work cultivating Sacred Passage Doulas® rooted in Caring Science

Deerfield Beach, FL — The **Watson Caring Science Institute (WCSI)** is honored to announce its formal endorsement of the **Conscious Dying Institute (CDI)**, a wisdom-based educational organization dedicated to cultivating Sacred Passage Doulas of all faiths, beliefs, and cultures. This endorsement affirms CDI as a vital extension of Caring Science as it carries the heart of Caritas into one of life's most sacred and most underserved thresholds: the experience of conscious dying.

The **Conscious Dying Institute** exists to restore death to its sacred place within the beauty, mystery, and celebration of life. Through CDI's integrative training blending healing arts, end-of-life education, ritual awareness, and embodied presence doulas, caregivers, loved ones, and the dying are supported to meet life's thresholds with reverence and grace. CDI honors death not as an ending to be feared, but as a teacher that strips away illusion, invites deep presence, and reveals what truly matters.

"At its heart, conscious dying is an act of love," said Kelly Cummings, RN, PhD, Director of the Conscious Dying Institute. "Every aspect of our training from healing arts integration, ritual awareness, to embodied presence at life's threshold flows from the understanding that the way we accompany death shapes the way we live. To be endorsed by the Watson Caring Science Institute is a profound affirmation that conscious dying belongs at the very center of human caring, not at its margins."

The Sacred Passage Doula is trained not merely to perform tasks, but to inhabit a state of conscious and awareness to be fully present with the dying person and their loved ones. This practice of heart-centered presence at life's threshold is precisely what Watson Caring Science describes as the transpersonal caring moment: a meeting between two human beings that transcends the clinical and touches the sacred.

"The Conscious Dying Institute extends Caring Science into one of life's most universal and most underserved thresholds," said Dr. Jean Watson, Founder and Director of the Watson Caring Science Institute. "Tarron Estes envisioned this work from a Caritas heart, and Kelly Cummings carries it forward with the same depth and devotion. Where Caring Science transforms culture from within institutions of healthcare, CDI carries that transformation into homes, hospices, and the most intimate moments of the

human journey. This endorsement affirms what has always been true—conscious dying is one of the most profound expressions of human caring.”

Through this endorsement, WCSI and CDI affirm a shared commitment to restoring love, presence, and sacred humanity to the act of caring. This will ensure that the threshold of death, like every other threshold of human life, is met with reverence, ritual, and the fullness of human connection.

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About the Conscious Dying Institute

The Conscious Dying Institute (CDI) cultivates a wisdom-based, caring, and healing culture of Sacred Passage Doulas of all faiths, beliefs, and cultures. By integrating the healing arts with end-of-life education and training, CDI supports doulas, caregivers, loved ones, and the dying to meet life's thresholds with embodied presence, ritual awareness, and lived healing practices. For more information, please visit consciouslydyinginstitute.com.

About Watson Caring Science Institute (WCSI)

The Watson Caring Science Institute (WCSI) is an international non-profit organization that advances the philosophies, theories, and practices of Human Caring/Caring Science, founded by Jean Watson, Ph.D., RN, AHN-BC, FAAN, LL (AAN), WCSI's Founder & Director. Focusing on research, education, praxis, leadership, and legacy, the institute aims to widen the development and understanding of Watson's Caring Science to inform our notion of quality care and healing environments through various educational programs, nurse scientific research, partnerships, events, and affiliations. For more information, please visit www.watsoncaringscience.org.

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